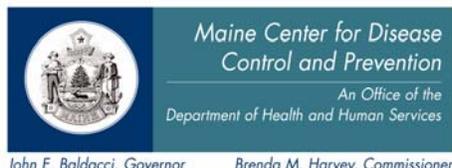

Coordinated School Health

Maine Center for Disease Control and Prevention
Maine Department of Health and Human Services

Maine youth have many health problems including tobacco use, poor eating habits, and lack of physical activity.

Coordinated School Health works to achieve its goals through communication and coordination with State Departments that provide programs to address health problems among Maine youth and to promote youth health. Coordinated School Health provides support to local schools and communities to coordinate their programs and policies in the area of youth health. It is hoped that through this work youth needs are identified and addressed, as well as using human and other resources toward the goals in a more efficient manner.



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Maine is one of 18 states that receive funding from the Centers for Disease Control (CDC) to coordinate school health programs. This 5-year cooperative agreement between CDC and the Maine Department of Education (MDOE) funds two positions in the Maine Center for Disease Control and Prevention (Maine CDC), a Director of Coordinated School Health Programs (CSHP) and a Planning and Research Assistant.

The CSHP works closely with the Department of Education. At the State level, school health programs provided by seven child-serving departments are coordinated through a CSHP Interdepartmental Coordinating Committee. School health-related activities among more than 25 non-governmental organizations are also coordinated through the CSHP Key Advisory Committee.

The CSHP is one of four programs in the Maine CDC that are part of the Healthy Maine Partnerships initiative. The CSHP collaborates to support 31 local school and community partnerships across the State. The purpose of the partnerships is to facilitate a comprehensive and coordinated effort to reduce tobacco use and tobacco-related chronic diseases. The Healthy Maine Partnerships is one of many worthwhile initiatives funded by the Master Settlement Agreement with the tobacco industry.

The CSHP Directors at the Maine CDC and MDOE provide training and technical assistance to 54 school health coordinators in the local partnerships. The coordinators are responsible for organizing a coordinated approach to promoting healthy schools and healthy students in their school administrative units.

Funding: Five-year agreement with CDC Division of Adolescent and School Health (2003-2008). DOE total amount for 2003-04: \$637,279. Maine CDC sub-contract 2003-04: \$116,903.

Staff: 1.5 FTE
