Section 8: Tools and Resources

In This Section:

Glossary of Terms

Links:

Methpedia website <u>www.methpedia.org</u> includes information, tools and resources for community coalitions, prevention, treatment and law enforcement.

Real Estate: How to Avoid Buying a Meth House, http://realestate.msn.com/article.aspx?cp-documentid=23154768

Rural Law Enforcement Methamphetamine Initiative (RLEMI) <u>www.methpedia.org/rlemi</u> (includes newsletters and webinars)

Prevention of Methamphetamine Use and Associated Harm: Logic Model Documentation, Source: PIRE, February 8, 2008. <u>www.pire.org/logicmodels.htm</u>

Methproject.org www.methproject.org

Meth Prevention Education Planning Toolkit for Community Educators & Teachers <u>www.csrees.usda.gov/nea/food/pdfs/toolkit.pdf</u> and <u>www.methfreemt.org</u>

Oklahoma Prevention of Methamphetamine Abuse Project, <u>www.ok.gov/odmhsas/Prevention Programs/Initiatives/Oklahoma Methamphetamine</u> Prevention Initiative/index.html

METHAMPHETAMINE GLOSSARY

<u>Clan lab</u> – Short for clandestine laboratory i.e. a lab that is hidden and is used to illegally manufacture controlled substance such as methamphetamine.

<u>Crank bugs</u> -Tactile hallucination (also known as formication) after using stimulants which creates the illusion of bugs burrowing under the skin. The feeling that these "crank bugs" are crawling under their skin will cause users to scratch their skin sometimes to the point of developing sores

<u>Crystal Meth</u> - The street name for the crystal form of the drug.

Dopamine - A type of neurotransmitter similar to adrenaline which affects the brain processes that control movement, emotional response, and the capacity to feel pleasure and pain. When addicts use meth over and over again, the drug actually changes their brain chemistry, destroying the wiring in the brain's pleasure centers and making it increasingly impossible to experience any pleasure at all.

Ice - Pure methamphetamine hydrochloride, the smoked form of the drug

<u>Methamphetamine</u> – (meth," "ice," and "glass") A schedule II drug, methamphetamine is a powerful, highly addictive stimulant drug that dramatically affects the central nervous system. Methamphetamine comes in several forms, including powder, crystal, rocks, and tablets.

Meth abuse – Slang for wasting the meth e.g. dropping or spilling some on the floor.

<u>Meth Mouth</u> - A term for the advanced tooth decay typically associated with heavy methamphetamine use and attributed to a combination of dry mouth, poor dental hygiene, high consumption of carbonated beverages and teeth clenching

One Pot Method, Shake and Bake, Backpack Method – These terms refer to a method of creating meth in small batches using a single portable container such as a 2 liter soda bottle that can be easily discarded.

Point or slammer – The needle used for injecting drugs.

Precursor chemicals - A chemical that when combined with another chemical, results in a new product. The process of making methamphetamine starts with the precursor (ephedrine or pseudoephedrine), and other chemicals are added to produce the drug.

Rock, crack, crystal, glass – Slang terms that denote the appearance of the drug

<u>Smurfing</u> - Shopping from store to store to buy small quantities of pseudoephedrine needed to manufacture the methamphetamine.

<u>Speed bumps</u> - Skin rashes or infection at the site of injection.

<u>Stimulants</u> - A class of drugs that elevate mood, increase feelings of well-being, and increase energy and alertness. Methamphetamine is a stimulant.

Tooter - The straw used to snort the drug

Teener - 1/16 ounce of meth

Tweak and Tweaking - Tweak refers to crystal meth. The behavior referred to as "tweaking," occurs at the end of a binge when an abuser is irritable and paranoid. The user (aka tweaker) craves more methamphetamine, but finds it difficult to achieve the original high. This causes frustration and unstable behavior in the user.