

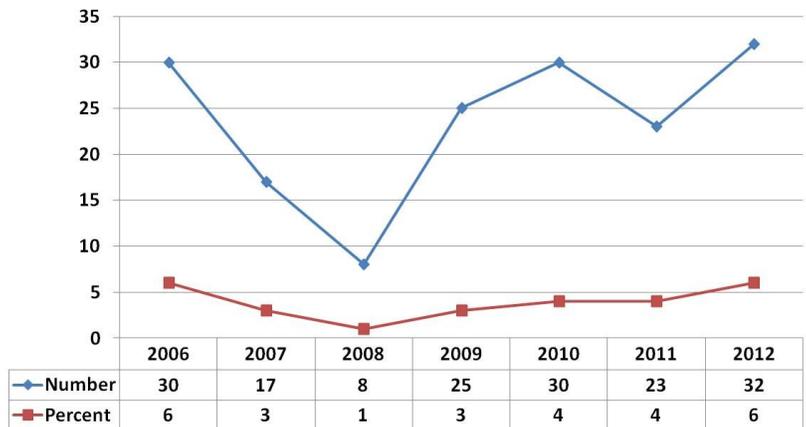
Maine Methamphetamine Trends

Based upon the experiences of western states in the United States, Maine took a proactive approach to preventing methamphetamine use and production.

Overall, Maine’s arrest, lab-related seizures and treatment data has remained small in comparison to other states that have experienced the devastating impact of widespread use and production of meth.

Methamphetamine is mainly made using a simple process with diverted products that contain pseudoephedrine, and has been encountered both in rural and urban parts of Maine.

Number and Percent of MDEA Methamphetamine Arrests



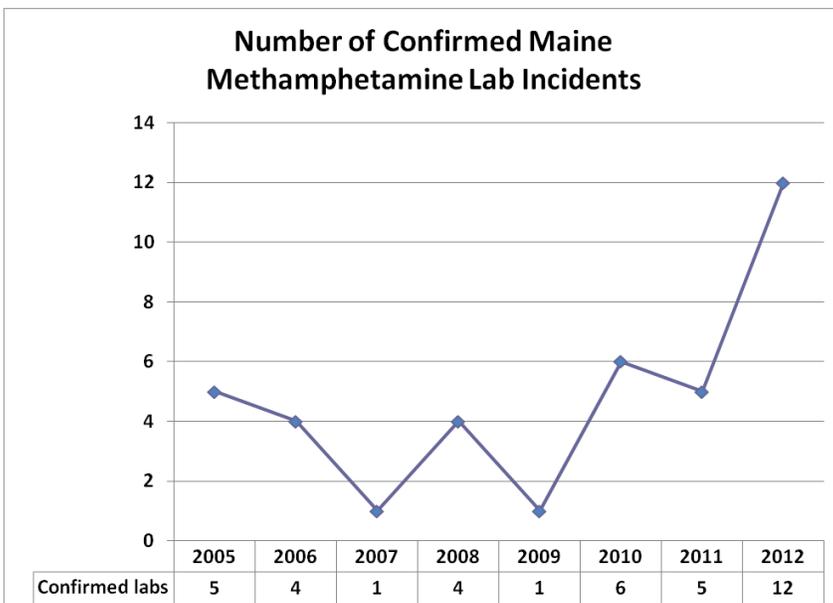
Source: Margaret Chase Smith Policy Center
Data Source: Maine Drug Enforcement Agency

“One Pot” or “Shake and Bake” Labs

Many methamphetamine laboratories now are small-scale operations — known as “One Pot” or “Shake and Bake” labs — that can produce less than 2 ounces at a time in about 30 minutes by mixing or shaking ingredients in containers like plastic soda bottles. Because they are portable, producers often transport these containers in their car. Plastic bottles discarded on the side of the road may contain toxic or flammable chemicals.

One Pot labs can be carried in bags, suitcases and backpacks, and can be located anywhere someone can hide the common household items used to make methamphetamine and a container for mixing, including homes, hotels, sheds, and cars. Most methamphetamine in Maine is now produced this way.

Number of Confirmed Maine Methamphetamine Lab Incidents



Source: Margaret Chase Smith Policy Center
Data Source: Maine Drug Enforcement Agency

2013 Lab Update

Meth lab-related incidents increased from 6 in 2011 to 13 in 2012. Last year 8 of the 13 incidents were in Aroostook County, with 2 in Kennebec County and one each in Cumberland, Franklin and York Counties.

Costs of Investigation and Cleanup

Methamphetamine lab investigations can cost over \$15,000 each to pay for MDEA teams, chemical protective gear, and hazmat teams from the Department of Environmental Protection. Local municipal costs for police, fire and EMTs as well as cleanup costs to the homeowner or property owner can cost additional thousands of dollars.

Maine Methamphetamine Laws

Maine law restricts the sale of pseudoephedrine, the key ingredient in methamphetamine, to pharmacies only. The Federal Combat Meth Act also places restrictions on products containing pseudoephedrine.

Two recent Maine laws seek to prevent further methamphetamine production and abuse:

- In September 2011, *An Act to Further Restrict the Availability of Methamphetamine* went into effect, increasing potential penalties for possession and trafficking of specific quantities of methamphetamine and amphetamine pills.
- In March 2012, *An Act to Restrict Further the Amount of Methamphetamine Precursors That May be Bought or Sold* went into effect, limiting the amount of that can be sold or purchased per day and per month and requiring the establishment of an electronic logging system to block illegal sales.

Trafficking

Northern Maine sources of methamphetamine are mainly from Canada, with meth most often seen in tablet form. While enforcement efforts have had an impact on those sources of supply, they have been offset by a rise in the number of lab-related incidents -- from 6 in 2011 to 13 in 2012. Last year 8 of the 13 incidents were in Aroostook County, with 2 in Kennebec County and one each in Cumberland, Franklin and York Counties. The Maine Drug Enforcement Agency reports that there are limited incidents involving the seizures of meth manufactures and distributed by Mexican drug trafficking organizations.

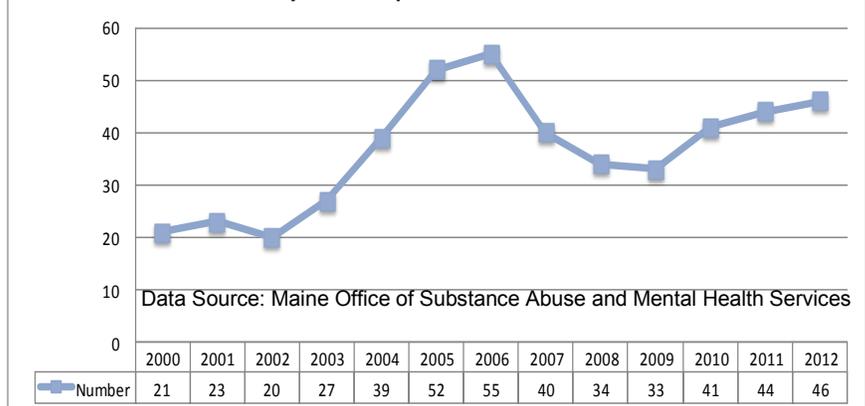
Prevention and Treatment of Methamphetamine Use and Abuse

More than 1 in 20 Maine high school students have used a stimulant like methamphetamine.

When asked “during your life, how many times have you used stimulants ('amphetamines', 'meth', 'crystal', 'crank'),” 5.7% of Maine high school students answered at least 1 time.

Data Source: 2011 Maine Integrated Youth Health Survey

Number of Primary Methamphetamine Admissions to Treatment



If you are concerned about a friend, family member or yourself, help is available.

To find information about confidential treatment services, call the Maine Office of Substance Abuse and Mental Health Services, Information & Resource Center at **1-800-499-0027** or call **2-1-1 (in Maine only, 24 hours a day)** or use the online directory of licensed treatment agencies at www.maine.gov/dhhs/samhs/osa/help/directory.htm

If you are concerned about the safety of a child, contact the DHHS 24-hour Hot Line at 1-800-452-1999.

Prevention

Resources are available to help prevent methamphetamine use in Maine, including the Maine Methamphetamine Prevention Toolkit and a presentation entitled “*Methamphetamine In Maine: Understanding the Drug and What You Can Do At The Community Level.*”

For more information visit www.methwatchme.org