

Assessment Development

Your health goal:

Your assumptions about the barriers to reaching your goal:

- 1.
- 2.
- 3.
- 4.
- 5.

What do you want to know more about in regards to your health topic? Why isn't everybody on board with the solutions we promote?:

Who can help you become better informed about the barriers to reaching your goal? (Your interview list):

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

Open-ended questions:

- 1.
- 2.
- 3.
- 4.