

Food Supplies during an Emergency

During a disaster, it may be difficult for you to get food supplies. Keep the following food supplies in a dry, handy place.

- 1 large box unopened crackers (saltine)
- 1 jar peanut butter
- 1 small box powdered milk (or milk that does not need refrigeration)
- 1 gallon of water per day per person for at least one week
- 2 packages cheese and crackers or 1 jar soft cheese
- 1 package dry, unsweetened cereal
- 6 cans sugar-free soda
- 6-pack of canned fruit juice or sports drink
- 1 spoon, fork and knife per person
- Disposable cups
- Packages Glucose Tablets or small hard candies for low blood sugar
- Cans of tuna, salmon, chicken, nuts
- Manual can opener

THESE SUPPLIES SHOULD BE CHECKED AND REPLACED YEARLY.