Maine Center for Disease Control and Prevention
An Office of the Department of Health and Human Services
Paul R. LePage, Governor Mary C. Mayhew, Commissioner

Department of Health and Human Services
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MAINE DIABETES PREVENTION & CONTROL PROGRAM
DIABETES SELF-MANAGEMENT TRAINING (DSMT) SITE DIRECTORY
November 1, 2016

BLUE HILL MEMORIAL HOSPITAL, BLUE HILL			
Satellite site	Bucksport Regional Health Center, Bucksport		
Site Coordinator	Martha Cole MS RDN LD 57 Water St. Blue Hill ME 04614	374-3984	martha.cole@bmhs.org
Instructors	Martha Cole MS RDN LD	374-3984	martha.cole@bmhs.org
	Rosemary Davis RN CDE	374-3984	rosemarie.davis@emhs.org
Phys. Adv.	Michael G. Murnik MD	374-3010	michael.murnik@emhs.org

BRIDGTON HOSPITAL, BRIDGTON			
Satellite site	None		
Site Coordinator	Elaine Drew RN BSN CDE CFCN 10 South High St. Bridgton ME 04009	647-6060	drewel@cmhc.org
Instructors	Elaine Drew RN BSN CDE CFCN	647-6060	drewel@cmhc.org
	Heidi Mercer RN BSN	647-6060	mercerhe@cmhc.org
	Linda Russell MA RD LD CDE	647-6062	Russelll@cmhc.org
Phys. Adv.	Nancy Wright DNP	647-2311	wrightna@cmhc.org

CARY MEDICAL CENTER, CARIBOU			
Satellite site	Saint John Valley Health Center, Van Buren		
Site Coordinator	Erica Ouellette RN BSN CDE 163 Van Buren Rd. Suite 1 Caribou ME 04736	498-1283	eouellette@carymed.org
Instructors	Kathy Burden RN CDE	498-1283	Burdens2@yahoo.com
	Lynn James RN CDE	498-1283	ljames@maine.rr.com
	Kim Malone RD LD	498-1255	kmalone@carymed.org
	Erica Ouellette RN BSN CDE	498-1283	eouellette@carymed.org
	Marthe Pelletier MS RD LD CDE	498-1211	mpelletier@carymed.org
Phys. Adv.	Carl Flynn MD	498-2356	cflynn@pineshealth.org

CENTRAL MAINE MEDICAL CENTER, LEWISTON **Central Maine Endocrinology and Diabetes Center**			
Satellite site	Rumford Hospital, Rumford		
Site Coordinator	Jamie Pepin MS RD CDE 287 Main St. Suite 301 Lewiston ME 04240	795-7520	pepinja@cmhc.org
Instructors	Barbara MacGregor BSN RN CDE CWS	369-1222	macgreba@cmhc.org
	Jamie Pepin MS RD CDE	795-7520	pepinja@cmhc.org
	Gwen Scott RD CDE	795-7520	scottgw@cmhc.org
Phys. Adv.	Maylene Peralta MD FACE	795-7520	peraltma@cmhc.org

EASTERN MAINE MEDICAL CENTER, BANGOR **Diabetes, Endocrine, & Nutrition Center**			
Satellite site	None		
Site Coordinator	Catherine A. Gels-Birch RN CDE Eastern Maine Healthcare Mall 905 Union St. Suite 11 Bangor ME 04401	973-7334	rgelsbirch@emhs.org
Instructors	Tama Fitzpatrick RD CDE	973-7334	tfitzpatrick@emhs.org
	Lauri Jacobs RD CDE	973-7334	ljacobs@emhs.org
	Heather Leclerc RD CDE	973-7334	hleclerc@emhs.org
	Louise Pelletier RN CDE	973-7334	lmpelletier@emhs.org
Phys. Adv.	Dr. Yew-Xin Teh MD	973-7334	

FRANKLINHEALTH, FRANKLIN MEMORIAL HOSPITAL, FARMINGTON			
Satellite sites	Franklin Health Internal Medicine, Farmington		
Site Coordinator	Katie Drouin RD LD One Franklin Health Commons Suite F Farmington ME 04938	779-2656	kdrouin@fchn.org
Instructors	Sandy Richard MS RN	779-2743	srichard@fchn.org
	Eileen Caffrey RN CHC	779-2612	ecaffrey@fchn.org
	Katie Drouin RD LD	779-2656	kdrouin@fchn.org
Phys. Adv.	Kristine Sanden DO	778-3326	

HOME HEALTH VISITING NURSES, SACO			
Satellite sites	Home Health Visiting Nurses, Kennebunk Southern Maine Health Care, Biddeford Hannaford, Biddeford		
Site Coordinator	Deborah K. Dumoulin BS RN RDN LD CDE 15 Industrial Park Rd. Saco ME 04072	284-4566	ddumoulin@homehealth.org
Instructors	Anne L'Heureux RD LD	284-4566	ajheureux@homehealth.com
	Anne LaPierre MS RD LD	284-4566	apierre@homehealth.com
Phys. Adv.	Audrey Okun-Langlais DO	467-8988	AHOkunLanglais@smhc.org

HOULTON REGIONAL HOSPITAL, HOULTON			
Satellite site	None		
Site Coordinator	Julie Codrey RN CDE 20 Hartford St. Houlton ME 04730	532-2900 x 2516	jcodrey@houltonregional.org
Instructors	Julie Codrey RN CDE Heleana Nickerson MS RD LD CDE	532-2900 x 2516 532-2900,x 2273	jcodrey@houltonregional.org hnickerson@houltonregional.org
Phys. Adv.	Paul Romanelli MD	532-2900	

INLAND HOSPITAL, WATERVILLE Diabetes & Nutrition Wellness at Inland Hospital			
Satellite site	Sebasticook Valley Hospital, Pittsfield		
Site Coordinator	Ev Jackson RDN LD Diabetes & Nutrition Wellness 180 Kennedy Memorial Dr. Suite 101 Waterville ME 04901	861-7150	efjackson@emhs.org
Instructors	Gary Chaloult FNP CDE Meaghan Geroux MS RDN LD Ev Jackson RDN LD Jennifer Migliore RDN LD CDE Jane Moore RDN LD Susan Palumbo RN CDE Lorien Winslow RDN LD	861-7150 487-4068 861-7150 861-7150 861-7150 861-7150 487-4068	gchaloult@emhs.org mgeroux@emhs.org efjackson@emhs.org jmigliore@emhs.org jmoore@emhs.org spalumbo@emhs.org lwinslow@emhs.org
Phys. Adv.	Michaela Clark-Kelley DO	873-3753	mclarkkelley@emhs.org

INTEGRATED OPTIMAL HEALTH, AUBURN Choice Center for Diabetes & Weight Loss			
Satellite sites	Integrated Optimal Health, North Conway NH Carroll County Diabetes, Nutrition & Wellness Center, Wolfeboro NH Every Day Nutrition Associates, Brunswick ME 04011 Integrated Optimal Health (2 Auburn Maine locations)		
Site Coordinator	Marie L. Veselsky MS RD LD CDE BC-ADM P O Box 135 Auburn ME 04212	1-603-770-4586	mveselsky@roadrunner.com
Instructors	Elaine Blackwood RN BSN CDE Anita Huey MS RD CDE Chris Irish RN BSN CDE Marie L. Veselsky MS RD LD CDE BC-ADM Patty Walker RD CDE	207-240-6115 207-504-6439 207-212-6374 1-603-770-4586 1-603-520-3176	esblackwood@gmail.com shebakeme@comcast.net chrisirish1965@gmail.com mveselsky@roadrunner.com patty@ccdnwc.com
Phys. Adv.	Trish Murray DO	1-603-447-3112	Trishm14@myfairpoint.net
Phys. Adv.	Dr. Roy Nakamura	207-725-8079	

LINCOLNHEALTH, DAMARISCOTTA DIABETES & NUTRITION PROGRAM			
Satellite site	None		
Site Coordinator	Marilyn Finch RN MS CDE 35 Miles St. Damariscotta ME 04543	563-4442	marilyn.finch@lchcare.org
Instructors	Ann Boe RD LD	563-4442	ann.boe@lchcare.org
	Marilyn Finch RN MS CDE	563-4442	marilyn.finch@lchcare.org
	Karen Lane RN CDE	563-4442	karen.lane@lchcare.org
	Elisabeth Mills RD LD	563-4442	elisabeth.mills@lchc.org
Phys. Adv.	Robert Hunold DO		

MAINEGENERAL MEDICAL CENTER, AUGUSTA Diabetes and Nutrition Center			
Satellite site	325E Kennedy Memorial Dr., Waterville		
Site Coordinator	Lisa Datsis RN CDE 6 East Chestnut St. LL 120 Augusta ME 04330	621-9320	lisa.datsis@mainegeneral.org
Instructors	Elizabeth Bancroft RD CDE	621-9320	elizabeth.bancroft@mainegeneral.org
	Cathy Clifford RD CDE	621-9320	cathy.clifford@mainegeneral.org
	Kathleen Harger RN BSN	626-7246	kathleen.harger@mainegeneral.org
	Angela Moore RN CDE	621-9320	angela.moore@mainegeneral.org
	Tammy Ricker RD CDE	621-9320	tammy.ricker@mainegeneral.org
	Kathryn Spofford RD CDE	621-9320	kathryn.spofford@mainegeneral.org
Phys. Adv.	Barbara Crowley MD	621-9320	barbara.crowley@mainegeneral.org

MAINE COAST MEMORIAL HOSPITAL, ELLSWORTH			
Satellite site	None		
Site Coordinator	Amy Henderson MS RD LD 50 Union St. Ellsworth ME 04605	664-5679	ahenderson@mainehospital.org
Instructors	Donna Coleman RN	664-5475	dcoleman@mainehospital.org
	Kaleigh Duym MS RD LD CDE	664-5645	kduym@mainehospital.org
	Amy Henderson MS RD LD	664-5679	ahenderson@mainehospital.org
	Tena Jordan MS RN	664-5645	tjordan@mainehospital.org
	Cece Ohmart RD LD	664-5387	cohmart@mainehospital.org
Phys. Adv.	Kathryn Rensenbrink MD		krensenbrink@mainehospital.org

MAINE MEDICAL PARTNERS, SCARBOROUGH **Endocrinology & Diabetes Center**			
Satellite sites	Maine Medical Partners Maternal Fetal Medicine, Portland Maine Medical Partners Endocrinology & Diabetes at Lewiston		
Site Coordinator	Susanne D'Angelo-Cooley MS RD LD CDE 175 U. S. Route 1 Scarborough ME 04074	396-7700	danges@mmc.org
Instructors	Michelle Allen RN CDE	777-8625	miallen87@roadrunner.com
	Mia Cote RD	777-8625	mcote@stmarysmaine.com
	Susanne D'Angelo-Cooley MS RD LD CDE	396-7700	danges@mmc.org
	Suzanne Farnham RD CDE	396-7700	mhfarnham@mmc.org
	Kerri Frazier RN CDE	396-7700	frazik@mmc.org
	Michelle Huntley RD LD CDE	396-7700	huntlm@mmc.org
	Carmine LaPorta RN BSN CCM	396-7700	claporta@mmc.org
	Rachel McGarry RD LD CDE	777-8625	Kmw323@yahoo.com
	Jane Saunier RN CDE	396-7700	saunij@mmc.org
Phys. Adv.	Irwin Brodsky MD	396-7700	brodsi@mmc.org

MAINE MEDICAL PARTNERS- Specialty Care, PORTLAND			
Satellite sites	Maine Medical Partners, Pediatric Specialty Care, Oakland Countdown to a Healthy Maine, Portland		
Site Coordinator	Maryann Waterman FNP CDE 887 Congress St. Portland ME 04102	662-5559	waterma@mmc.org
Instructors	Elizabeth Blades RN CDE	662-5491	bladee@mmc.org
	Jenessa Feeney BSN CDE	662-5558	feeney@mmc.org
	Mary Ann Kinney BSN CDE	662-5796	kinnemi@mmc.org
	Breanna Lynch RD CDE	662-1683	lynchb@mmc.org
	Katherine Mullin	662-5522	mullik@mmc.org
	Jeanne Parker RN	662-5522	parkeje@mmc.org
	Maryann Waterman FNP CDE	662-5559	waterma@mmc.org
	Mary Zamarippa RD CDE	662-5690	zamarm@mmc.org
Phys. Adv.	Jerrold Olshan MD	662-5522	olsha@mmc.org

MAYO REGIONAL HOSPITAL, DOVER-FOXCROFT **Mayo Practice Associates Diabetes Education**			
Satellite sites	Corinth Medical Associates, Corinth Dexter Internal Medicine, Dexter Guilford Medical Associates, Guilford Milo Family Practice, Milo		
Site Coordinator	Jody Annis RN BSN CDE 891 W. Main St., Ste. 200 Dover-Foxcroft ME 04426	564-4157	jannis@mayohospital.com
Instructors	Jody Annis RN BSN CDE	564-4157	jannis@mayohospital.com
	Whitney Gould RD	564-4258	wgould@mayohospital.com
Phys. Adv.	Dr. Elizabeth Dennis	564-4464	edennis@mayohospital.com

MERCY HOSPITAL, PORTLAND **The Mattina R. Proctor Diabetes Center**			
Satellite sites	Mercy Hospital, 175-195 Fore River Parkway, Portland Mercy Gorham Family Practice, Gorham Portland Internal Medicine at Baxter Blvd., Portland West Falmouth Primary Care, Falmouth Windham Family Practice, Windham Yarmouth Primary Care, Yarmouth		
Site Coordinator	Hillary O'Donnell RD CDE 144 State St., 4TH Floor Portland ME 04101	400-8500	odonnellh@emhs.org
Instructors	Hillary O'Donnell RD CDE	400-8500	odonnellh@emhs.org
Phys. Adv.	John Devlin MD	400-8500	devlinj@emhs.org

MID COAST MEDICAL GROUP, BRUNSWICK **Center for Diabetes & Endocrinology**			
Satellite site	None		
Site Coordinator	Liana B. Kelly MSN FNP–BC (Interim) 81 Medical Center Dr. Brunswick ME 04011	406-7290	lbkelly@midcoasthealth.com
Instructor	Alison Fernald RD LD CDE	406-7290	afernald@midcoasthealth.com
Phys. Adv.	Dr. Christine Twining	406-7290	ctwining@midcoasthealth.com

MILLINOCKET REGIONAL HOSPITAL, MILLINOCKET			
Satellite site	None		
Site Coordinator	Cheryl Carrell RN 200 Somerset St. Millinocket ME 04462	723-5161	ccarrell@mrhme.org
Instructors	Cheryl Carrell RN	723-5161	ccarrell@mrhme.org
	Edward Dunstan DO	723-5173	edunstan@mrhme.org
	Brian Hall RPh	723-5161	bhall@mrhme.org
	Mark Robinson RD	723-5161	mrobinson@mrhme.org
Phys. Adv.	Edward Dunstan DO	723-5173	edunstan@mrhme.org

MOUNT DESERT ISLAND HOSPITAL, BAR HARBOR			
Satellite sites	Community Health Center, Southwest Harbor Trenton Health Center, Trenton		
Site Coordinator	Sherri Hall RN CDE Community Health Center 10 Wayman Lane Bar Harbor ME 04609	801-5043	sherri.hall@mdihospital.org
Instructors	Amory Davis RD LD	288-5081, x 1126	amory.davis@mdihospital.org
	Sherri Hall RN CDE	801-5043	sherri.hall@mdihospital.org
	Marion McLellan RD LD	288-5082, x 1301	MarionM.McLellan@mdihospital.org
	Sherry Rogers RN	(multiple sites)	Sherry.rogers@mdihospital.org
	Patty Zavaleta RN	288-5081, x 6118	patricia.zavaleta@mdihospital.org
Phys. Adv.	Julian Kuffler	244-5630	julian.kuffler@mdihospital.org

NORTHERN MAINE MEDICAL CENTER, FORT KENT			
Satellite site	Madawaska Outpatient Center, Madawaska		
Site Coordinator	Stacy Raymond RN 194 East Main St. Fort Kent ME 04743	834-1946	stacy.raymond@nmmc.org
Instructors	Stacy Raymond RN Linda Russell RN	834-1946 834-1964	stacy.raymond@nmmc.org linda.russell@nmmc.org
Phys. Adv.	Dr. Paul Pelletier	444-5973	

PEN BAY MEDICAL CENTER, ROCKPORT Diabetes and Nutrition Care Center			
Satellite site	None		
Site Coordinator	Marcia Kyle RDN LD CDE FAND 731 Commercial St. Rockport ME 04856	921-3999	mkyle@penbayhealthcare.org
Instructors	Brenda Berry RN CEN Molly Harish RN Marcia Kyle RDN LD CDE FAND Eileen Molloy MS RDN LD CDE Allison Sherman RD LD	921-3999 921-3999 921-3999 921-3999 921-3999	bberry@penbayhealthcare.org mharish@penbayhealthcare.org mkyle@penbayhealthcare.org emolloy@penbayhealthcare.org asherman@penbayhealthcare.org
Phys. Adv.	Eric Schenk DO	593-0405	

REDINGTON FAIRVIEW GENERAL HOSPITAL, SKOWHEGAN			
Satellite site	None		
Site Coordinator	Nancy Thomas RN CDE 46 Fairview Ave. P O BOX 468 Skowhegan ME 04976	858-2261	nthomas@rfgh.net
Instructors	Jessica Mosher RN BSN Patricia Sprengel RD LD Laurie Sweet RD LD Nancy Thomas RN CDE	858-2498 858-2243 858-2257 858-2261	jmosher@rfgh.net psprengel@rfgh.net lsweet@rfgh.net nthomas@rfgh.net
Phys. Adv.	Celeste Quianzon MD	474-0905	cquianzon@rfgh.net

ST. JOSEPH HOSPITAL, BANGOR Diabetes & Nutrition Center			
Satellite site	None		
Site Coordinator	Lori Downs RN CDE 900 Broadway Bldg. 3 Bangor ME 04401	907-1187	lori.downs@sjhhealth.com
Instructors	Lori Downs RN CDE Julie Hovencamp RDN CDE	907-1187 907-1187	lori.downs@sjhhealth.com Julie.hovencamp@sjhhealth.com
Phys. Adv.	Mark Henderson MD	907-1187	mark.henderson@sjhhealth.com

STEPHENS MEMORIAL HOSPITAL, NORWAY			
Satellite site	None		
Site Coordinator	Betty Ann Sirois MSN RN CDE 181 Main St. Norway ME 04268	744-6057	BSirois@wmhcc.org
Instructor	Betty Ann Sirois MSN RN CDE Patricia Watson MS RD CDE	744-6057 744-6059	BSirois@wmhcc.org watsonp@wmhcc.org
Phys. Adv.	William Medd MD	743-7721	

THE AROOSTOOK MEDICAL CENTER (TAMC), FORT FAIRFIELD			
Satellite site	A. R. Gould, Presque Isle Caribou Health Center, Caribou Mars Hill Health Center, Mars Hill Presque Isle Family Practice, Presque Isle		
Site Coordinator	Christine O'Meara BSN RN CDE 23 High St. Fort Fairfield ME 04742	768-4529	comeara@tamc.org
Instructors	Mary Coffin RN FNP CDE MSN Victoria Dorman, MS RD LD Nicole Doughty RD LD Christine O'Meara BSN RN CDE Tina M. Stewart RD LD Naomi Stuart MS RD LD	768-4753 768-4443 768-4358 768-4529 768-4354 768-4642	mcoffin@tamc.org vdorman@emhs.org ndoughty@tamc.org comeara@tamc.org tstewart@tamc.org nstuart@tamc.org
Phys. Adv.	Mary Coffin FNP CDE MSN	768-4753	mcoffin@tamc.org

WALDO COUNTY GENERAL HOSPITAL, BELFAST Diabetes Services			
Satellite site	None		
Site Coordinator	Phyllis Havens MS RD LCSW CDE 163 Northport Ave. Belfast ME 04915	338-9358	phavens@wcgh.org
Instructors	Phyllis Havens MS RD LCSW CDE Susan Maxwell RN CDE	338-9358 338-9358	phavens@wcgh.org smaxwell@wcgh.org
Phys. Adv.	Paul Mazur MD	338-5440	

YORK HOSPITAL, YORK Living Well Center			
Satellite site	None		
Site Coordinator	Karen Gilroy RN CDE 127 Long Sands Rd. York ME 03909	351-3702	diabetesed@yorkhospital.com
Instructor	Karen Gilroy RN CDE Barbara Moriarty RD LD CDE	351-3702 351-3702	diabetesed@yorkhospital.com diabetesed@yorkhospital.com
Phys. Adv.	James Gilroy MD FACP	646-8386	jgilroy@yorkhospital.com

Department of Health and Human Services

Maine People Living Safe, Healthy and Productive Lives

Paul R. LePage, Governor Mary C. Mayhew, Commissioner

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