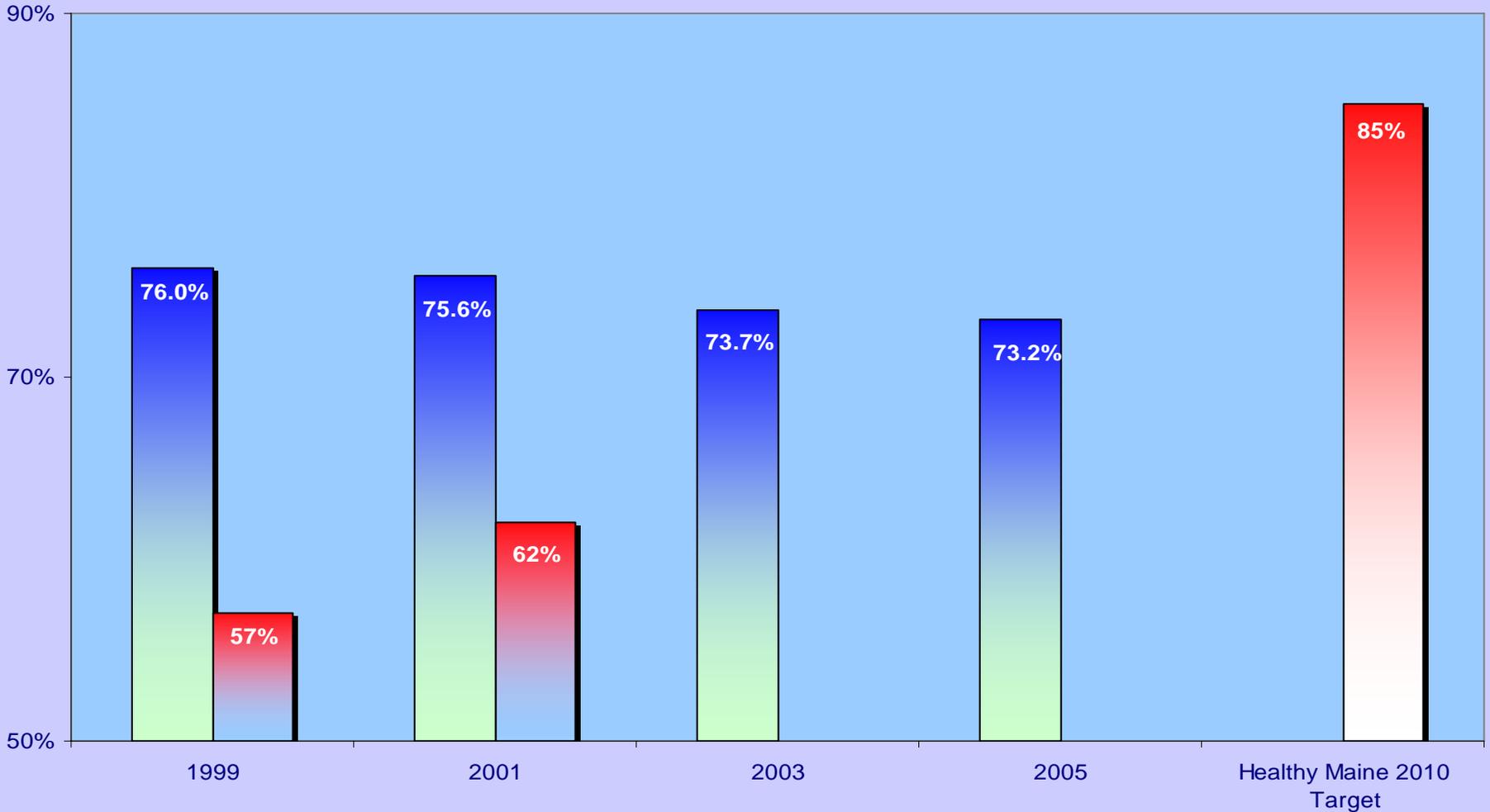


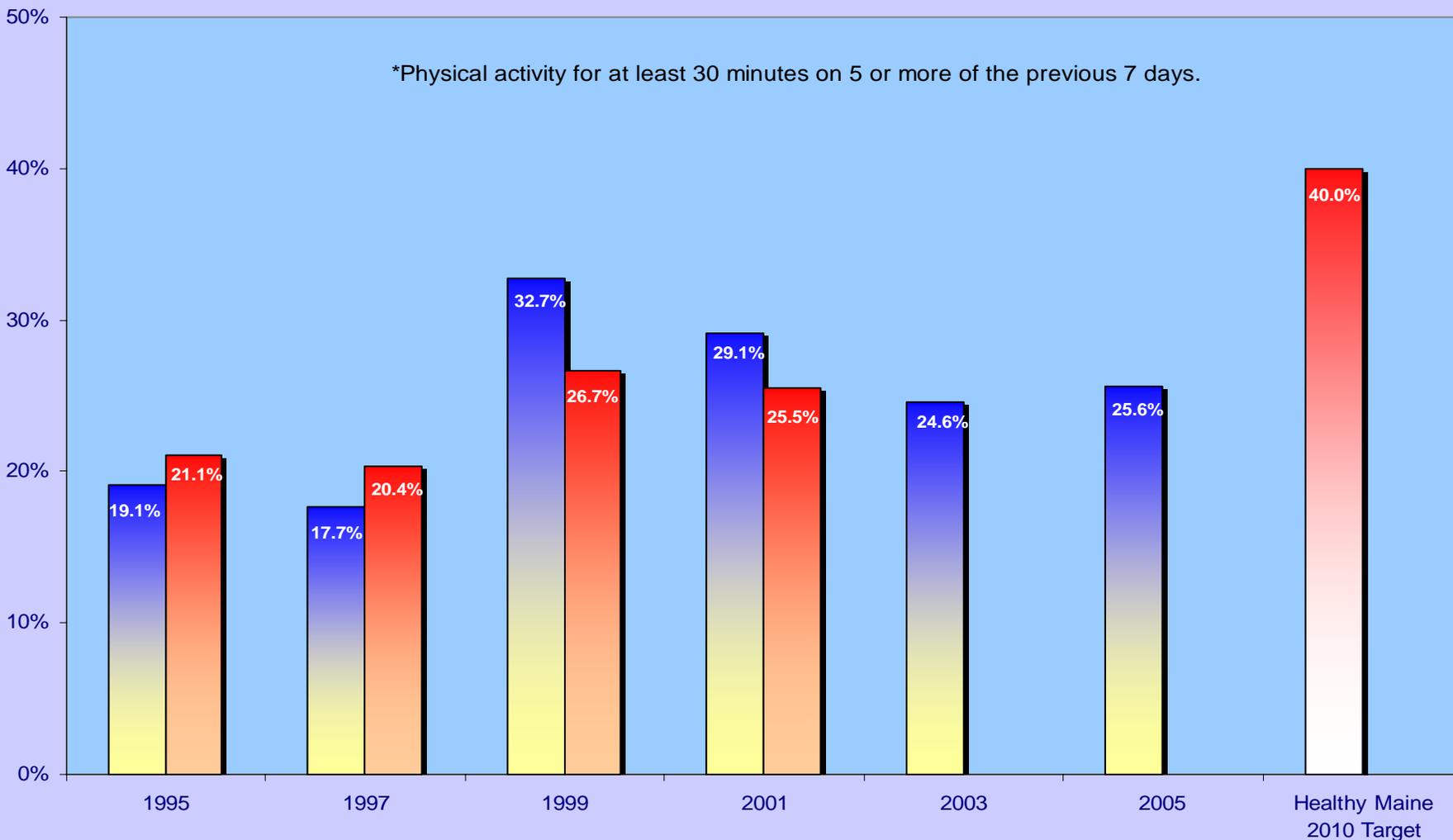
Proportion of Maine And US Adolescents Grade 9-12 Who View Television Two Or Fewer Hours Per Day Select Years 1999-2005

- Proportion of Maine Adolescents Who View Television Two Or Fewer Hours Per Day
- Proportion of US Adolescents Who View Television Two or Fewer Hours Per Day



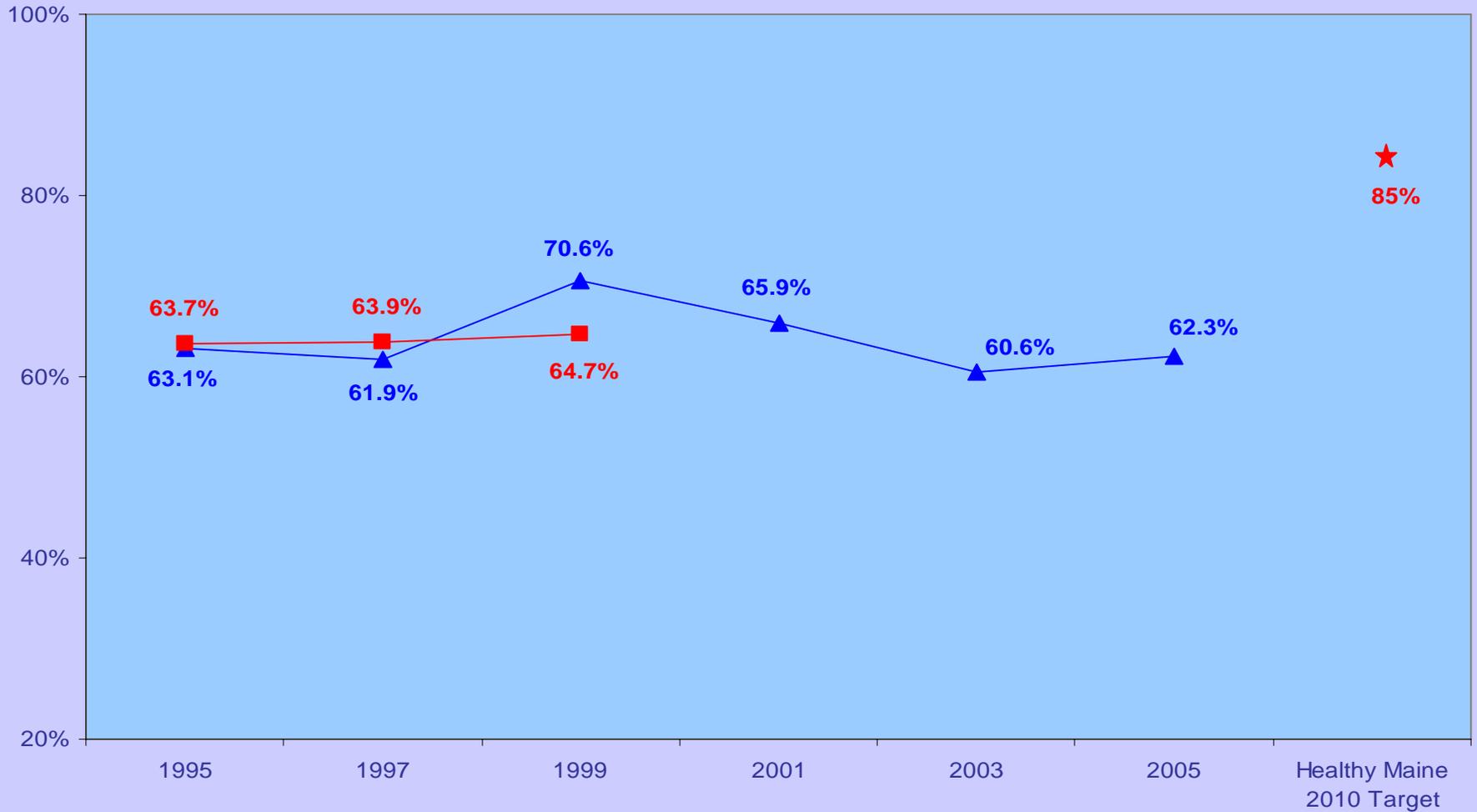
Proportion Of Maine And US Adolescents Engaged In Moderate* Physical Activity 1995-2005

- Proportion Of Maine Adolescents Who Engage In Moderate Physical Activity
- Proportion Of US Adolescents Who Engage In Moderate Physical Activity



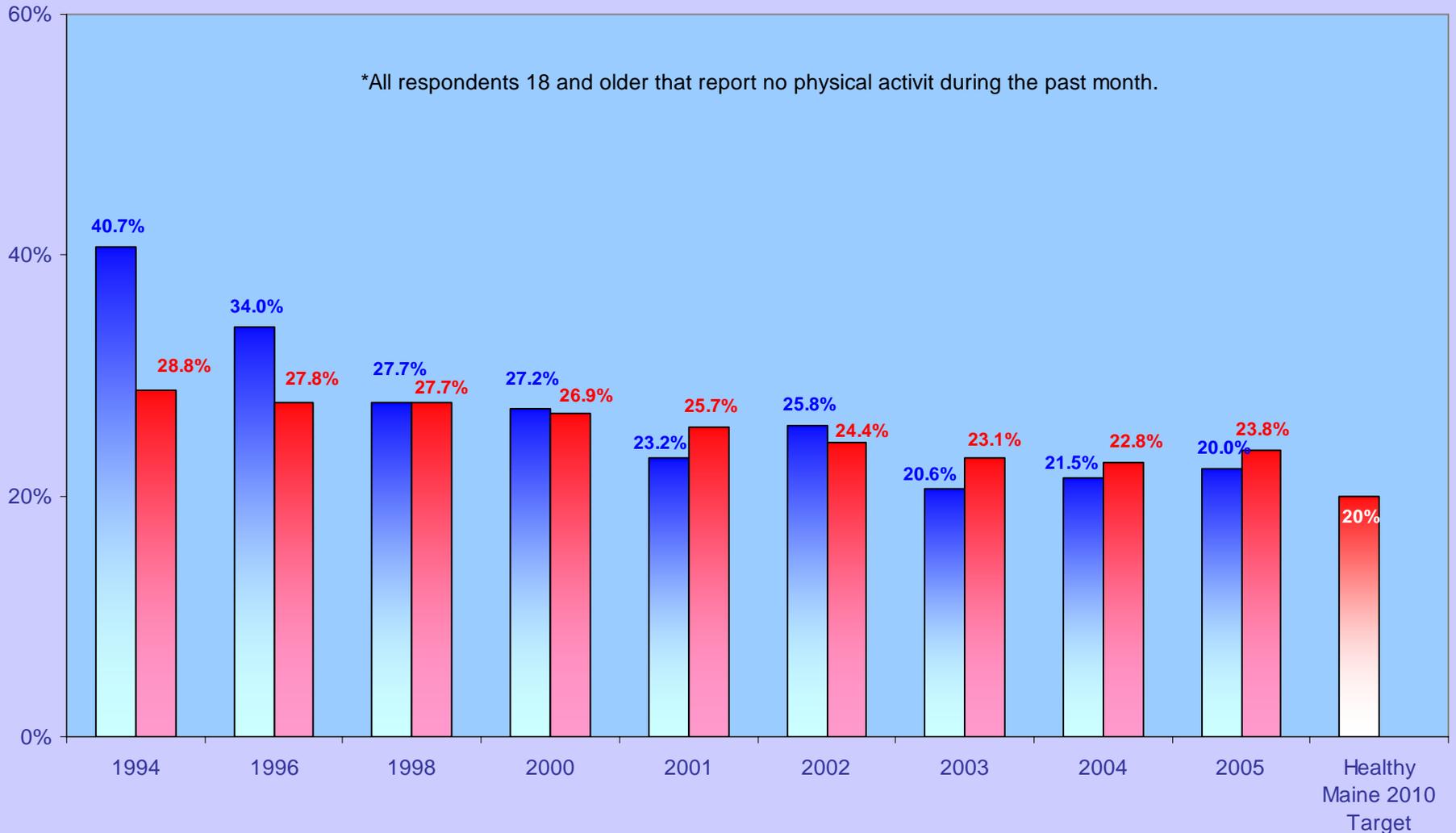
Proportion Of Maine AND US Adolescents Engaged In Vigorous* Physical Activity 1995-2005

- ▲ Proportion Of Maine Adolescents Who Engage In Vigorous Physical Activity
- Proportion Of US Adolescents Who Engage In Vigorous Physical Activity



Proportion Of Maine and US Adults Who Engage In No Leisure-time Physical Activity Select Years 1994-2005

- Proportion Of Maine Adults Who Engage In No Leisure-time Physical Activity
- Proportion Of US Adults Who Engage In No Leisure-time Physical Activity



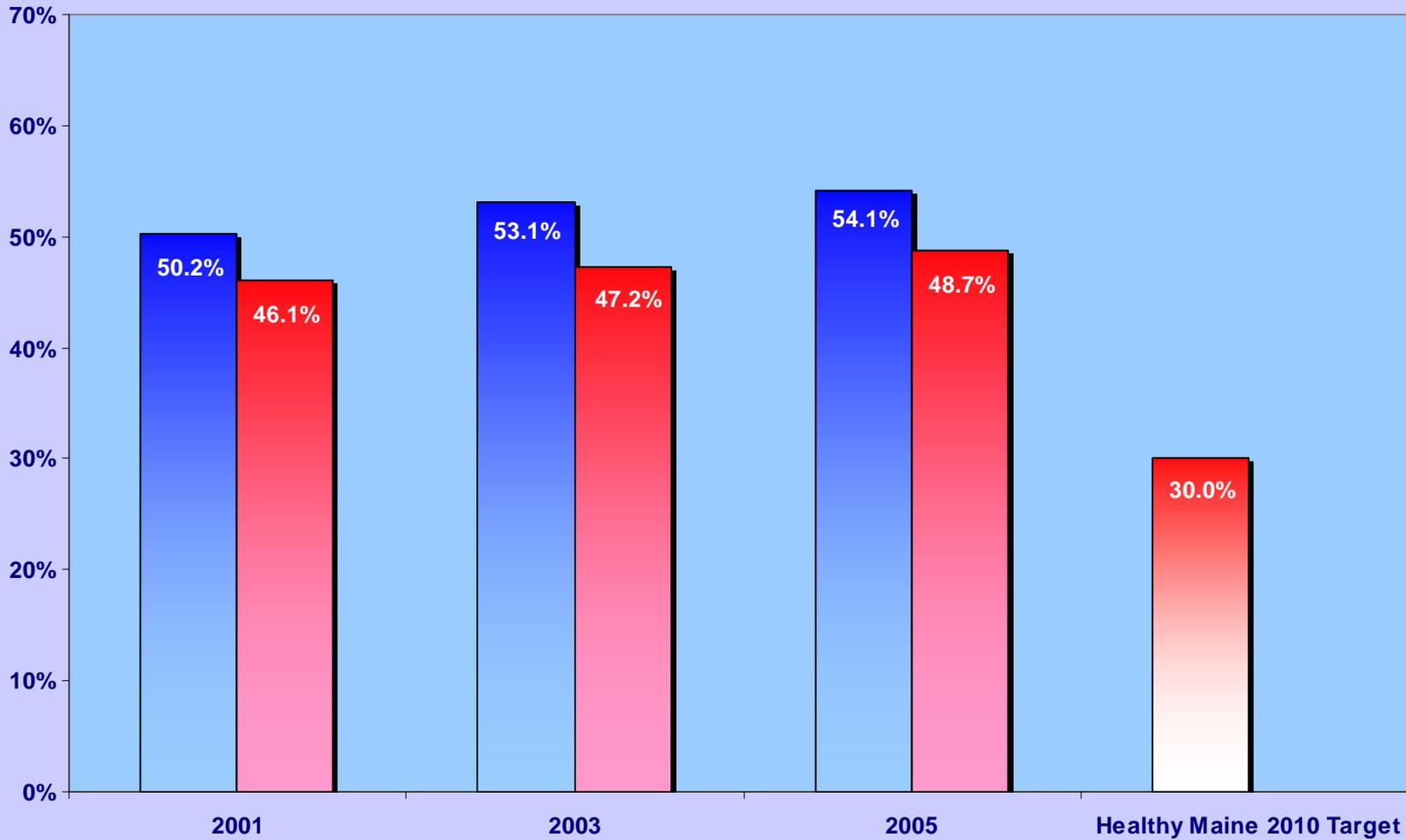
Proportion of Maine and US Adults Engaged In Regular Moderate Physical Activity

(Data no longer available – see next slide #6)

Adults with 30+ Minutes of Moderate Physical Activity Five or More Days Per Week or Vigorous Physical Activity for 20+ Minutes Three or More Days of the Week 2001-2005

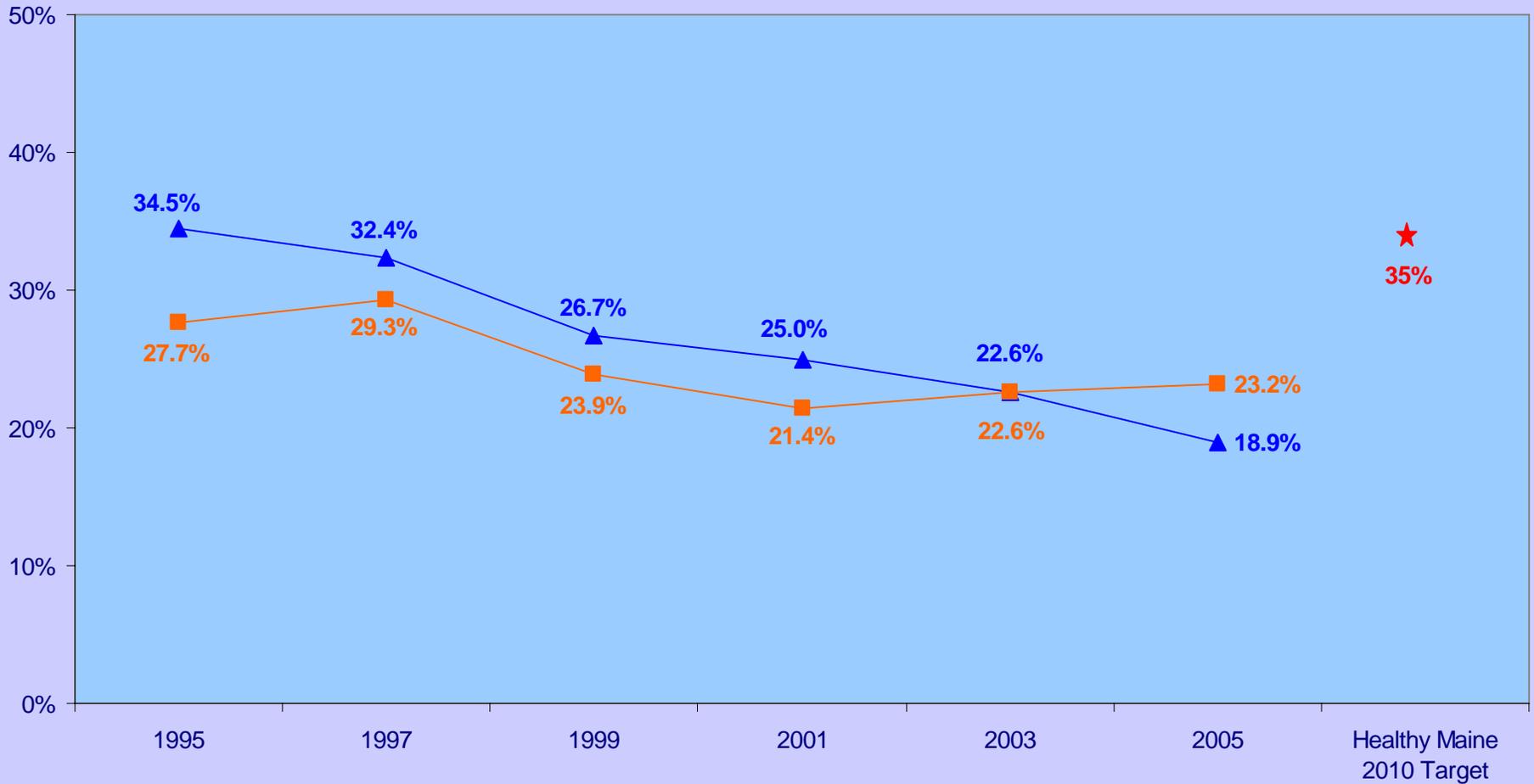
■ Maine Adults

■ US Adults



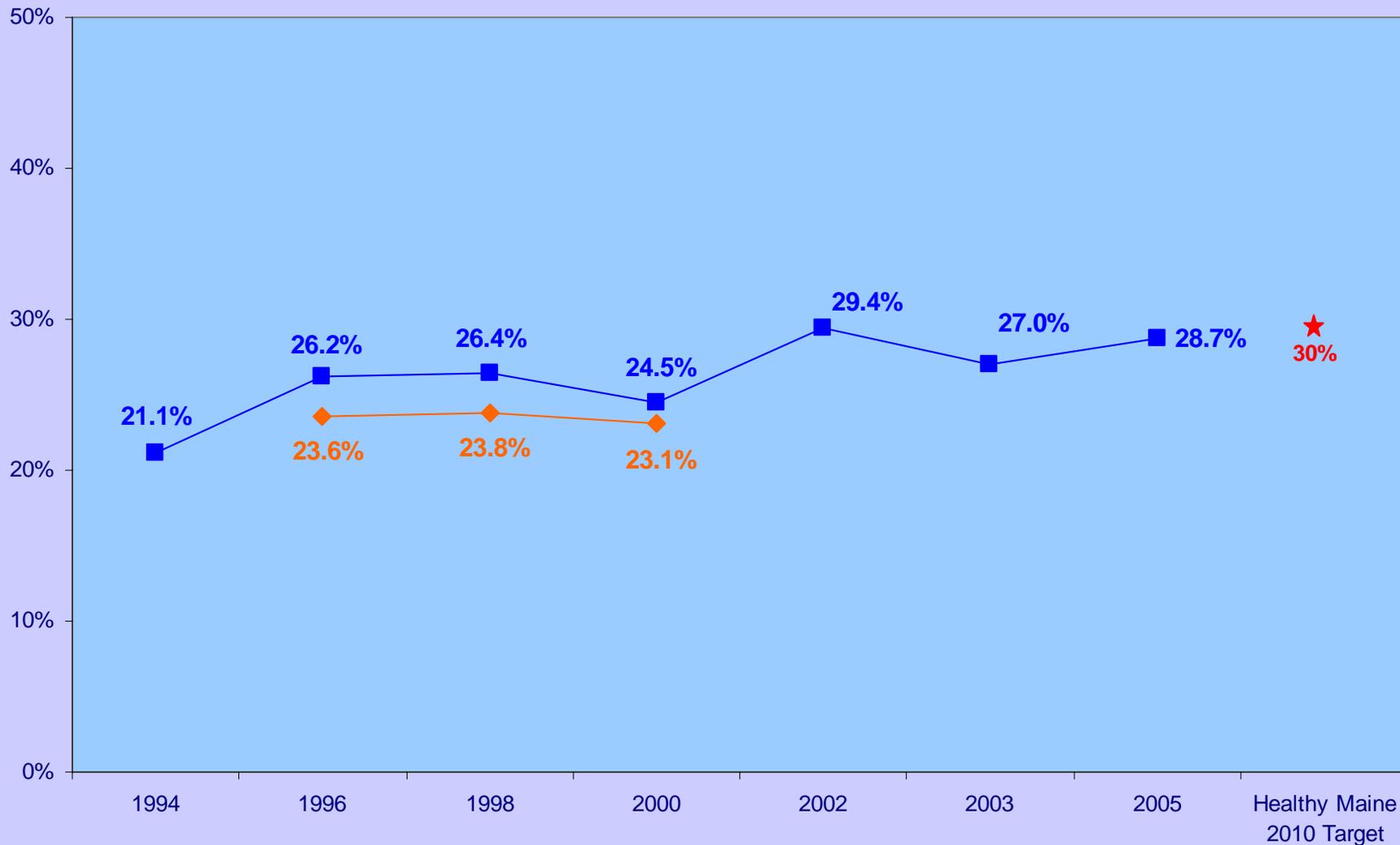
Proportion Of Maine And US Adolescents Consuming At Least 5 Or More Servings of Fruits And Vegetables A Day 1995-2005

- ▲ Proportion Of Maine Adolescents Consuming At Least 5 Or More Servings Of Fruits And Vegetables A Day
- Proportion Of US Adolescents Consuming At Least 5 Or More Servings Of Fruits And Vegetables A Day

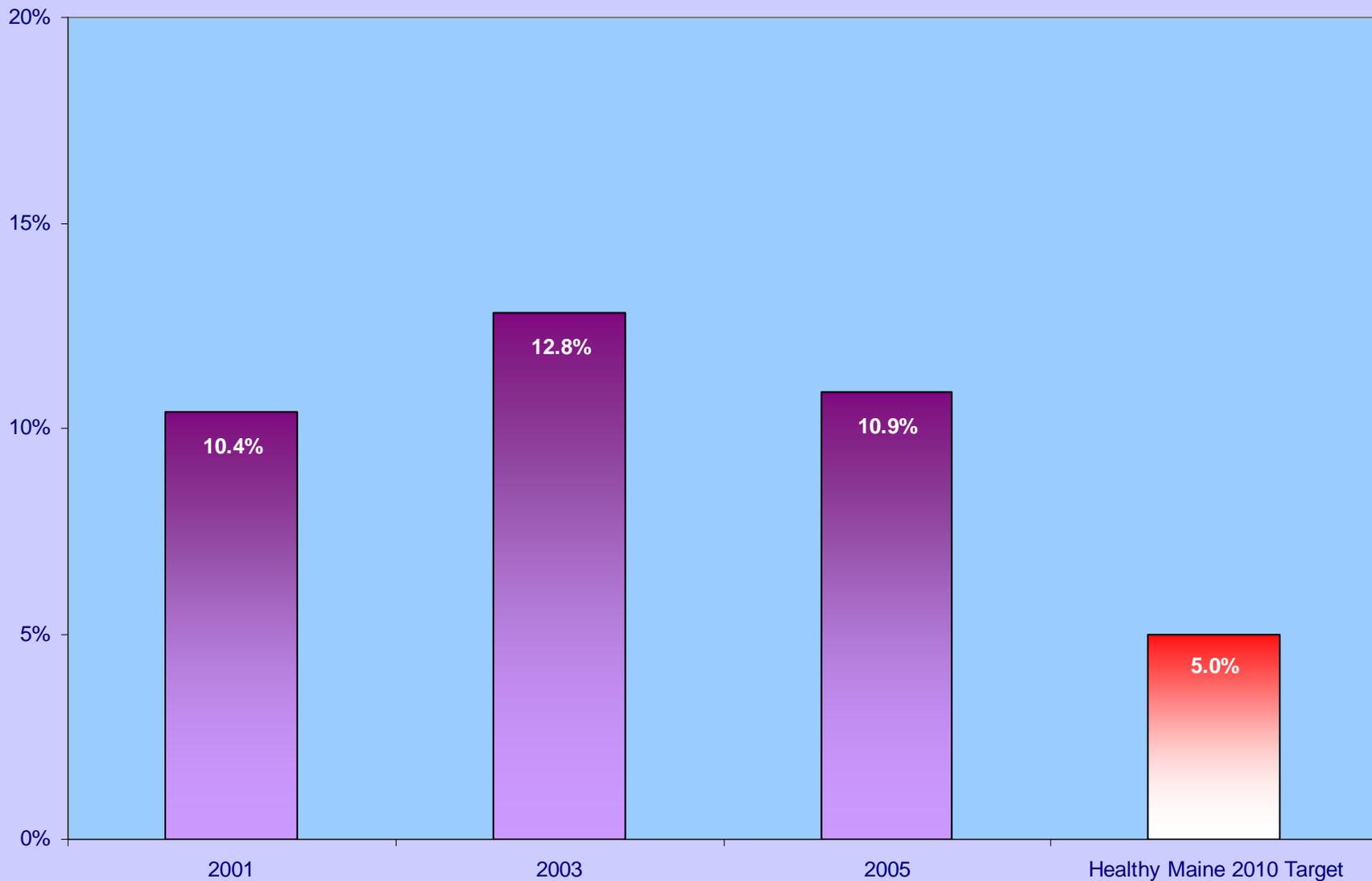


Proportion Of Maine And US Adults Consuming At Least 5 Or More Servings Of Fruits And Vegetables A Day 1994-2005

■ Maine Adults ◆ US Adults

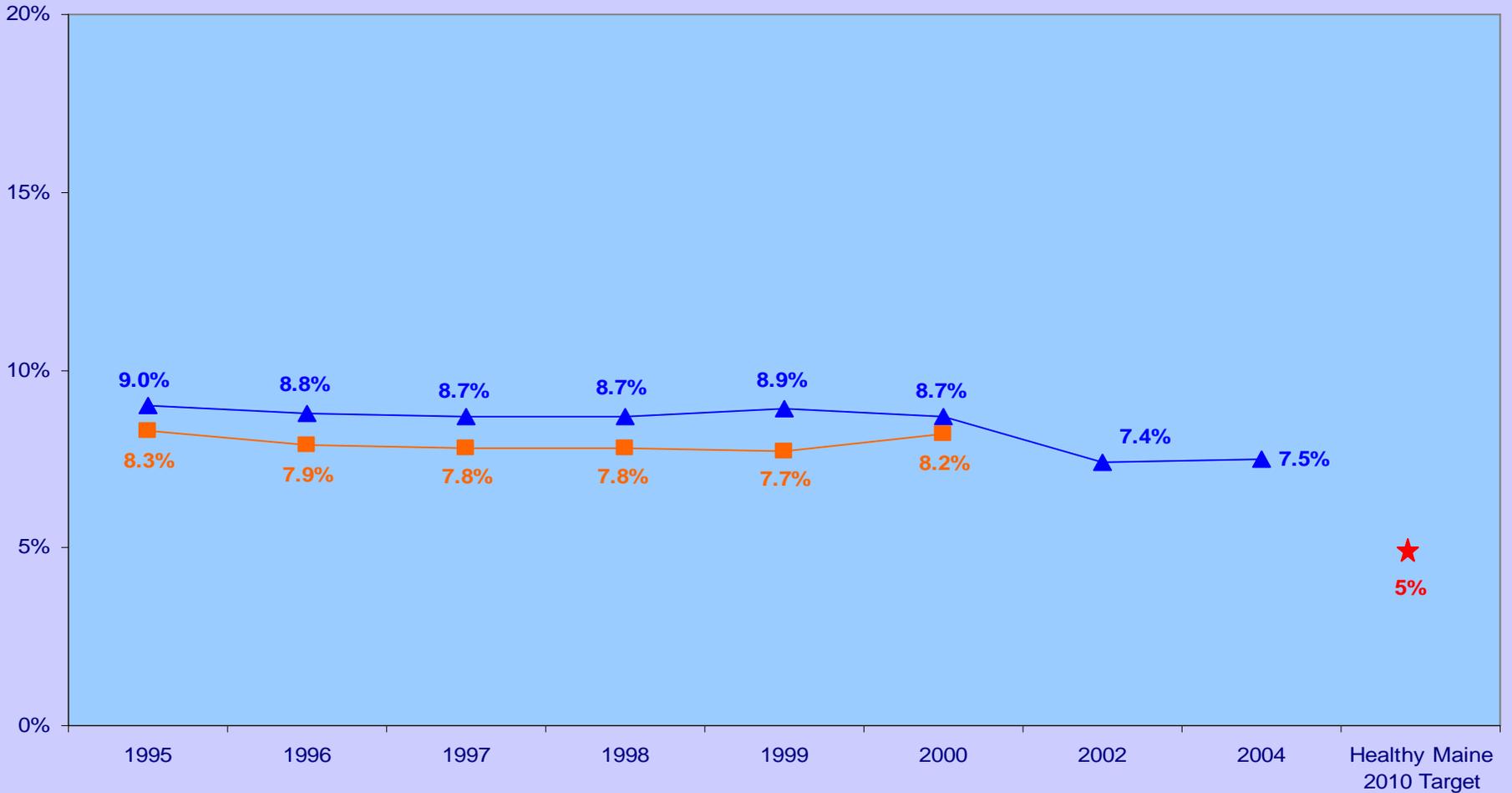


Proportion Of Maine Adolescents Who Are Overweight 2001-2005



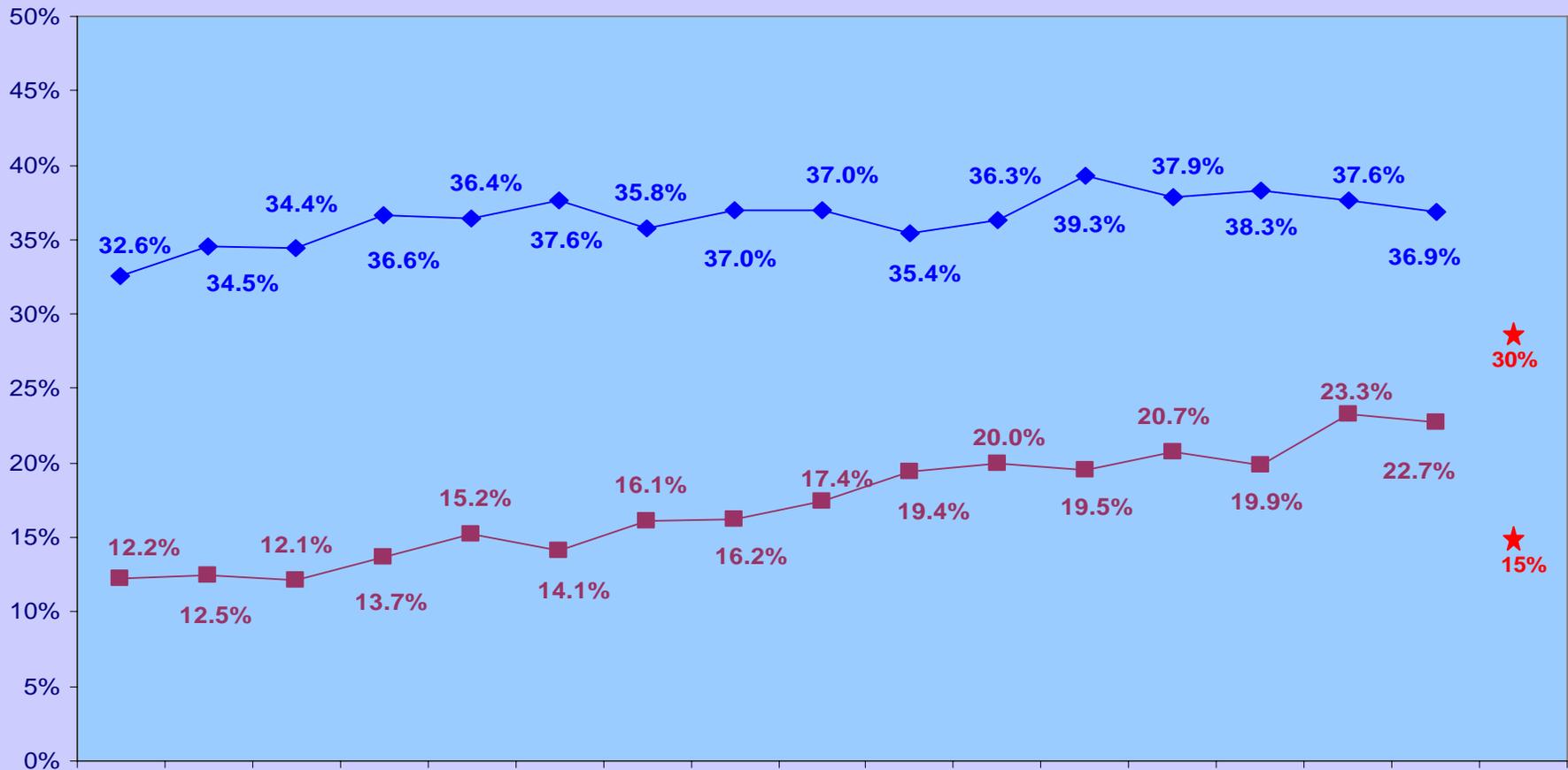
Proportion Of Maine And US Children Under Age 5 With Growth Retardation 1995-2004

—▲— Proportion Of Maine Children Under Age 5 With Growth Retardation
—■— Proportion Of US Children Under Age 5 With Growth Retardation



Proportion Of Maine Adults Age 18 And Older Who Are Obese Or Overweight 1990-2005

◆ Proportion Of Maine Adults Who Are Overweight
 ■ Proportion Of Maine Adults Who Are Obese



★
30%

★
15%

Baseline

Healthy
Maine
2010
Target

Proportion Of Maine Adults Who Are Obese 1990-2005

