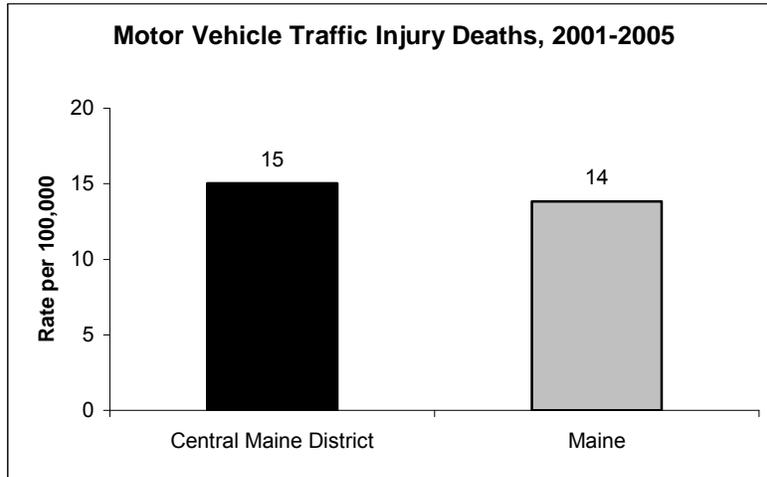


## Unintentional Injury

Unintentional injuries were the leading cause of death among 1-44 year olds in Maine in 2000-2004, and the 6<sup>th</sup> leading cause of death among all ages combined. Motor vehicle crashes are the most common cause of unintentional injury deaths in the state.

Unintentional falls were the leading cause of injury hospitalization among Mainers aged 65 and older in 2001-2005. Hip fractures in this age group are usually caused by falls and can result in reduced quality of life or premature death. Hip fracture hospitalizations are a key measure of the problem, and falls can be reduced or prevented.

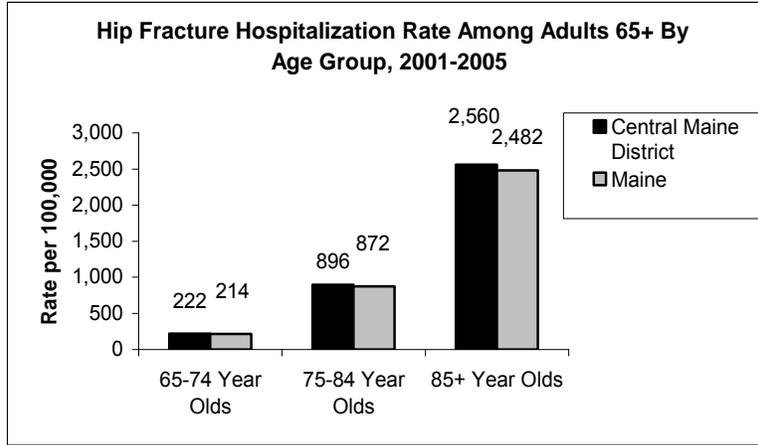
The Maine CDC’s Injury Prevention Program tracks and analyzes injury data and has recently revised the Maine Injury Prevention Plan. Contact the program at [www.maine.gov/dhhs/bohdcfh/inj/](http://www.maine.gov/dhhs/bohdcfh/inj/).



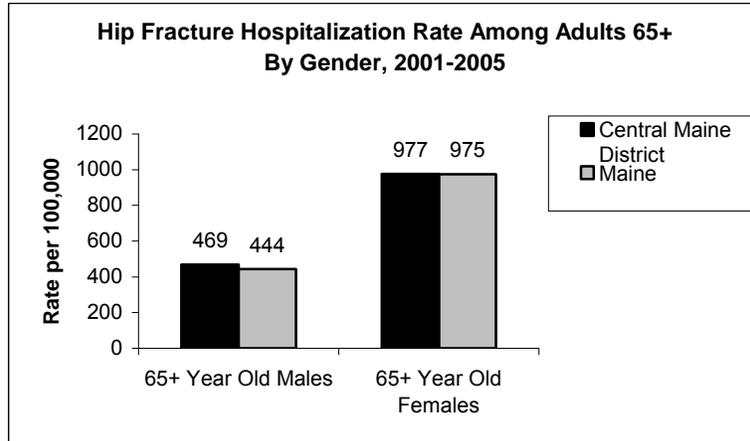
Source: 2001-2005 Maine Office of Data, Research and Vital Statistics; Age-adjusted to 2000 U.S. Standard Population

	<b>Central Maine District Number</b>	<b>Central Maine District Rate</b> (± Margin of Error)	<b>Maine State Rate</b> (± Margin of Error)
<b>Deaths for Unintentional Injuries Due to Motor Vehicle Traffic Crashes</b>	<b>26.2</b> (avg. per year)	<b>15.0</b> (± 2.6) (per 100,000)	<b>13.8</b> (±0.9) (per 100,000)

Source: 2001-2005 Maine Office of Data, Research and Vital Statistics; Age-adjusted to 2000 U.S. Standard Population  
ICD-10 Codes: V30-V39 (.4-.9), V40-V49 (.4-.9), V50-V59 (.4-.9), V60-V69 (.4-.9), V70-V79 (.4-.9), V81.1 V82.1, V83-V86 (.0-.3), V20-V28 (.3-.9), V29 (.4-.9), V12-V14 (.3-.9), V19 (.4-.6), V02-V04 (.1, .9) V09.2, V80 (.3-.5), V87(.0-.8), V89.2



Source: 2001-2005 Maine Hospital Discharge Datasets



Source: 2001-2005 Maine Hospital Discharge Datasets

	Central Maine District Number	Central Maine District Rate (± Margin of Error) Rate per 100,000	Maine State Rate (± Margin of Error) Rate per 100,000
Hip Fracture Hospitalizations Among 65+ Year Olds – Overall	932	762.7 (±49.0)	751.3 (± 17.5)
65-74 Year Olds	140	221.6 (± 36.7)	214.1 (± 13.1)
75-84 Year Olds	387	895.9 (±89.3)	872.2 (± 31.8)
85+ Year Olds	405	2560.4 (±249.4)	2482.3 (±86.9)
Males	242	469.4 (±59.1)	443.5 (± 20.8)
Females	690	976.8 (±72.9)	974.6 (± 26.2)

Source: 2001-2005 Maine Hospital Discharge Datasets;  
 Definition: Discharges from Maine acute care hospitals for which the principal diagnosis is an injury (ICD-9 code 800-909.2, 909.4, 909.9, 910-994.9, 995.5-995.59, or 995.80-995.85) and the principal or secondary diagnosis is a hip fracture (ICD-9 code 820.x).