

Maine Shared Community Health Needs Assessment County Summary: 2015

Sagadahoc County

November 2015

Maine Shared CHNA Health Indicators	Sagadahoc	Trend	Maine	U.S.
Demographics				
Total Population	35,013		1,328,302	319 Mil
Population – % ages 0-17	19.9%		19.7%	23.3%
Population – % ages 18-64	61.3%		62.6%	62.6%
Population – % ages 65+	18.8%		17.7%	14.1%
Population – % White	96.3%		95.2%	77.7%
Population – % Black or African American	0.8%		1.4%	13.2%
Population – % American Indian and Alaska Native	0.4%		0.7%	1.2%
Population – % Asian	0.8%		1.1%	5.3%
Population – % Hispanic	1.5%		1.4%	17.1%
Socioeconomic Status Measures				
Individuals living in poverty	11.1%	NA	13.6%	15.4%
Children living in poverty	17.2%	NA	18.5%	21.6%
High school graduation rate	77.9%	NA	86.5%	81.0%
Unemployment rate	4.6%	NA	5.7%	6.2%
65+ living alone	37.3%	NA	41.2%	37.7%
General Health Status				
Adults who rate their health fair to poor	13.6%		15.6%	16.7%
Adults with 14+ days lost due to poor mental health	11.3%		12.4%	NA
Adults with 14+ days lost due to poor physical health	11.1%		13.1%	NA
Adults with three or more chronic conditions	29.4%		27.6%	NA
Access				
Adults with a usual primary care provider	90.6%		87.7%	76.6%
MaineCare enrollment	21.0%	NA	27.0%	23.0%
Percent uninsured	8.0%	NA	10.4%	11.7%
Health Care Quality				
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,530.0	–	1,499.3	1457.5
Oral Health				
Adults with visits to a dentist in the past 12 months	64.8%	NA	65.3%	67.2%
Respiratory				
Asthma emergency department visits per 10,000 population	50.5		67.3	NA
COPD hospitalizations per 100,000 population	238.0	–	216.3	NA
Current asthma (Adults)	12.6%		11.7%	9.0%
Current asthma (Youth 0-17)	6.7%†	NA	9.1%	NA
Cancer				
Mortality – all cancers per 100,000 population	166.8	NA	185.5	168.7
Mammograms females age 50+ in past two years	84.9%	NA	82.1%	77.0%
Colorectal screening	73.0%	NA	72.2%	NA
Pap smears females ages 21-65 in past three years	90.6%	NA	88.0%	78.0%
Cardiovascular Disease				
Hypertension prevalence	42.3%		32.8%	31.4%
High cholesterol	39.8%		40.3%	38.4%
Diabetes				
Diabetes prevalence (ever been told)	9.5%		9.6%	9.7%
Pre-diabetes prevalence	6.6%†		6.9%	NA
Adults with diabetes who have had an A1C test twice per year	NA	NA	73.2%	NA
Environmental Health				
Children with confirmed elevated blood lead levels (% among those screened)	3.3%	NA	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	1.4%	NA	4.2%	NA
Homes with private wells tested for arsenic	38.9%	NA	43.3%	NA

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Immunization				
Adults immunized annually for influenza	47.0%		41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	74.4%		72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	3.0%	NA	3.7%	NA
Infectious Disease				
Hepatitis B (acute) incidence per 100,000 population	0.0†	NA	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	0.0†	NA	2.3	0.7
Lyme disease incidence per 100,000 population	182.6	NA	105.3	10.5
Pertussis incidence per 100,000 population	25.7†	NA	41.9	10.3
STD/HIV				
Chlamydia incidence per 100,000 population	219.7	NA	265.5	452.2
Gonorrhea incidence per 100,000 population	11.4†	NA	17.8	109.8
Intentional Injury				
Nonfatal child maltreatment per 1,000 population	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	15.2	NA	15.2	12.6
Unintentional Injury				
Unintentional and undetermined intent poisoning deaths per 100,000 population	7.1†	NA	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	360.2	NA	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	9.1†	NA	10.8	10.5
Mental Health				
Adults who have ever had anxiety	17.7%		19.4%	NA
Adults who have ever had depression	24.2%		23.5%	18.7%
Co-morbidity for persons with mental illness	NA	NA	35.2%	NA
Physical Activity, Nutrition and Weight				
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	19.1%		22.4%	25.3%
Obesity (Adults)	24.4%		28.9%	29.4%
Obesity (High School Students)	12.8%		12.7%	13.7%
Overweight (Adults)	46.7%		36.0%	35.4%
Overweight (High School Students)	15.7%		16.0%	16.6%
Pregnancy and Birth Outcomes				
Infant deaths per 1,000 live births	5.2	NA	6.0	6.0
Live births for which the mother received early and adequate prenatal care	90.5%	NA	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	22.5	NA	20.5	26.5
Low birth weight (<2500 grams)	5.2%	NA	6.6%	8.0%
Substance and Alcohol Abuse				
Binge drinking of alcoholic beverages (Adults)	17.0%		17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	2.2%	NA	7.8%	NA
Past-30-day alcohol use (High School Students)	29.0%		26.0%	34.9%
Past-30-day marijuana use (High School Students)	28.0%		21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	1.8%†	NA	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	7.9%		5.6%	NA
Tobacco Use				
Current smoking (Adults)	17.2%†		20.2%	19.0%
Current tobacco use (High School Students)	24.0%	NA	18.2%	22.4%

 Indicates county is significantly better than state average (using a 95% confidence level).

 Indicates county is significantly worse than state average (using a 95% confidence level).

+ Indicates an improvement in the indicator over time at the county level (using a 95% confidence level)

– Indicates a worsening in the indicator over time at the county level (using a 95% confidence level)

† Results may be statistically unreliable due to small numerator, use caution when interpreting.

NA = No data available