

Maine Shared Community Health Needs Assessment County Summary: 2015

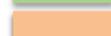
Kennebec County

November 2015

Maine Shared CHNA Health Indicators	Kennebec	Trend	Maine	U.S.
Demographics				
Total Population	121,164		1,328,302	319 Mil
Population – % ages 0-17	19.9%		19.7%	23.3%
Population – % ages 18-64	63.0%		62.6%	62.6%
Population – % ages 65+	17.1%		17.7%	14.1%
Population – % White	96.4%		95.2%	77.7%
Population – % Black or African American	0.6%		1.4%	13.2%
Population – % American Indian and Alaska Native	0.5%		0.7%	1.2%
Population – % Asian	0.8%		1.1%	5.3%
Population – % Hispanic	1.4%		1.4%	17.1%
Socioeconomic Status Measures				
Individuals living in poverty	13.4%	NA	13.6%	15.4%
Children living in poverty	17.7%	NA	18.5%	21.6%
High school graduation rate	85.5%	NA	86.5%	81.0%
Unemployment rate	5.4%	NA	5.7%	6.2%
65+ living alone	42.7%	NA	41.2%	37.7%
General Health Status				
Adults who rate their health fair to poor	16.1%		15.6%	16.7%
Adults with 14+ days lost due to poor mental health	14.0%		12.4%	NA
Adults with 14+ days lost due to poor physical health	14.1%		13.1%	NA
Adults with three or more chronic conditions	27.7%		27.6%	NA
Access				
Adults with a usual primary care provider	88.0%		87.7%	76.6%
MaineCare enrollment	29.0%	NA	27.0%	23.0%
Percent uninsured	9.6%	NA	10.4%	11.7%
Health Care Quality				
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,390.4		1,499.3	1457.5
Oral Health				
Adults with visits to a dentist in the past 12 months	67.4%	NA	65.3%	67.2%
Respiratory				
Asthma emergency department visits per 10,000 population	67.6	+	67.3	NA
COPD hospitalizations per 100,000 population	166.5		216.3	NA
Current asthma (Adults)	12.6%		11.7%	9.0%
Current asthma (Youth 0-17)	10.7% [†]	NA	9.1%	NA
Cancer				
Mortality – all cancers per 100,000 population	199.4	NA	185.5	168.7
Mammograms females age 50+ in past two years	82.9%	NA	82.1%	77.0%
Colorectal screening	77.7%	NA	72.2%	NA
Pap smears females ages 21-65 in past three years	85.7%	NA	88.0%	78.0%
Cardiovascular Disease				
Hypertension prevalence	32.4%		32.8%	31.4%
High cholesterol	40.0%		40.3%	38.4%
Diabetes				
Diabetes prevalence (ever been told)	9.5%		9.6%	9.7%
Pre-diabetes prevalence	5.0%		6.9%	NA
Adults with diabetes who have had an A1C test twice per year	NA	NA	73.2%	NA
Environmental Health				
Children with confirmed elevated blood lead levels (% among those screened)	2.3%	NA	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	5.7%	NA	4.2%	NA
Homes with private wells tested for arsenic	56.5%	NA	43.3%	NA

Maine Shared CHNA Health Indicators	Kennebec	Trend	Maine	U.S.
Immunization				
Adults immunized annually for influenza	43.4%		41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	74.0%		72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	3.1%	NA	3.7%	NA
Infectious Disease				
Hepatitis B (acute) incidence per 100,000 population	4.1†	NA	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	3.3†	NA	2.3	0.7
Lyme disease incidence per 100,000 population	113.9	NA	105.3	10.5
Pertussis incidence per 100,000 population	14.0†	NA	41.9	10.3
STD/HIV				
Chlamydia incidence per 100,000 population	295.6	NA	265.5	452.2
Gonorrhea incidence per 100,000 population	19.0	NA	17.8	109.8
Intentional Injury				
Nonfatal child maltreatment per 1,000 population	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	14.7	NA	15.2	12.6
Unintentional Injury				
Unintentional and undetermined intent poisoning deaths per 100,000 population	13.6	NA	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	400.1	NA	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	12.0	NA	10.8	10.5
Mental Health				
Adults who have ever had anxiety	20.5%		19.4%	NA
Adults who have ever had depression	24.1%		23.5%	18.7%
Co-morbidity for persons with mental illness	36.0%	NA	35.2%	NA
Physical Activity, Nutrition and Weight				
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	22.6%		22.4%	25.3%
Obesity (Adults)	28.3%		28.9%	29.4%
Obesity (High School Students)	14.3%		12.7%	13.7%
Overweight (Adults)	38.8%		36.0%	35.4%
Overweight (High School Students)	16.7%		16.0%	16.6%
Pregnancy and Birth Outcomes				
Infant deaths per 1,000 live births	5.7	NA	6.0	6.0
Live births for which the mother received early and adequate prenatal care	81.3%	NA	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	23.7	NA	20.5	26.5
Low birth weight (<2500 grams)	6.9%	NA	6.6%	8.0%
Substance and Alcohol Abuse				
Binge drinking of alcoholic beverages (Adults)	15.5%		17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	8.3%	NA	7.8%	NA
Past-30-day alcohol use (High School Students)	24.0%		26.0%	34.9%
Past-30-day marijuana use (High School Students)	20.0%		21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	0.1%†	NA	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	4.5%		5.6%	NA
Tobacco Use				
Current smoking (Adults)	17.9%		20.2%	19.0%
Current tobacco use (High School Students)	18.6%	NA	18.2%	22.4%

 Indicates county is significantly better than state average (using a 95% confidence level).

 Indicates county is significantly worse than state average (using a 95% confidence level).

+ Indicates an improvement in the indicator over time at the county level (using a 95% confidence level)

– Indicates a worsening in the indicator over time at the county level (using a 95% confidence level)

† Results may be statistically unreliable due to small numerator, use caution when interpreting.

NA = No data available