

# Maine Shared Community Health Needs Assessment County Summary: 2015

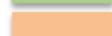
## Cumberland County

November 2015

Maine Shared CHNA Health Indicators	Cumberland	Trend	Maine	U.S.
<b>Demographics</b>				
Total Population	285,456		1,328,302	319 Mil
Population – % ages 0-17	19.8%		19.7%	23.3%
Population – % ages 18-64	64.3%		62.6%	62.6%
Population – % ages 65+	15.9%		17.7%	14.1%
Population – % White	92.9%		95.2%	77.7%
Population – % Black or African American	2.8%		1.4%	13.2%
Population – % American Indian and Alaska Native	0.4%		0.7%	1.2%
Population – % Asian	2.2%		1.1%	5.3%
Population – % Hispanic	1.9%		1.4%	17.1%
<b>Socioeconomic Status Measures</b>				
Individuals living in poverty	11.4%	NA	13.6%	15.4%
Children living in poverty	15.7%	NA	18.5%	21.6%
High school graduation rate	88.2%	NA	86.5%	81.0%
Unemployment rate	4.4%	NA	5.7%	6.2%
65+ living alone	43.1%	NA	41.2%	37.7%
<b>General Health Status</b>				
Adults who rate their health fair to poor	11.5%		15.6%	16.7%
Adults with 14+ days lost due to poor mental health	11.4%		12.4%	NA
Adults with 14+ days lost due to poor physical health	10.6%		13.1%	NA
Adults with three or more chronic conditions	23.2%		27.6%	NA
<b>Access</b>				
Adults with a usual primary care provider	89.5%		87.7%	76.6%
MaineCare enrollment	19.0%	NA	27.0%	23.0%
Percent uninsured	8.9%	NA	10.4%	11.7%
<b>Health Care Quality</b>				
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,167.5		1,499.3	1457.5
<b>Oral Health</b>				
Adults with visits to a dentist in the past 12 months	72.8%	NA	65.3%	67.2%
<b>Respiratory</b>				
Asthma emergency department visits per 10,000 population	57.3		67.3	NA
COPD hospitalizations per 100,000 population	159.1	–	216.3	NA
Current asthma (Adults)	10.8%		11.7%	9.0%
Current asthma (Youth 0-17)	8.6%†	NA	9.1%	NA
<b>Cancer</b>				
Mortality – all cancers per 100,000 population	174.9	NA	185.5	168.7
Mammograms females age 50+ in past two years	83.1%	NA	82.1%	77.0%
Colorectal screening	72.5%	NA	72.2%	NA
Pap smears females ages 21-65 in past three years	91.6%	NA	88.0%	78.0%
<b>Cardiovascular Disease</b>				
Hypertension prevalence	29.5%		32.8%	31.4%
High cholesterol	36.7%		40.3%	38.4%
<b>Diabetes</b>				
Diabetes prevalence (ever been told)	7.6%		9.6%	9.7%
Pre-diabetes prevalence	6.9%		6.9%	NA
Adults with diabetes who have had an A1C test twice per year	78.3%	NA	73.2%	NA
<b>Environmental Health</b>				
Children with confirmed elevated blood lead levels (% among those screened)	3.2%	NA	2.5%	NA
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Homes with private wells tested for arsenic	53.1%	NA	43.3%	NA

Maine Shared CHNA Health Indicators	Cumberland	Trend	Maine	U.S.
<b>Immunization</b>				
Adults immunized annually for influenza	43.4%		41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	73.2%		72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	4.7%	NA	3.7%	NA
<b>Infectious Disease</b>				
Hepatitis B (acute) incidence per 100,000 population	0.3 <sup>+</sup>	NA	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	1.4 <sup>+</sup>	NA	2.3	0.7
Lyme disease incidence per 100,000 population	117.4	NA	105.3	10.5
Pertussis incidence per 100,000 population	10.4	NA	41.9	10.3
<b>STD/HIV</b>				
Chlamydia incidence per 100,000 population	287.4	NA	265.5	452.2
Gonorrhea incidence per 100,000 population	20.8	NA	17.8	109.8
<b>Intentional Injury</b>				
Nonfatal child maltreatment per 1,000 population	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	13.4	NA	15.2	12.6
<b>Unintentional Injury</b>				
Unintentional and undetermined intent poisoning deaths per 100,000 population	11.7	NA	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	306.0	NA	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	6.4	NA	10.8	10.5
<b>Mental Health</b>				
Adults who have ever had anxiety	18.8%		19.4%	NA
Adults who have ever had depression	23.1%		23.5%	18.7%
Co-morbidity for persons with mental illness	29.2%		35.2%	NA
<b>Physical Activity, Nutrition and Weight</b>				
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	16.9%		22.4%	25.3%
Obesity (Adults)	23.7%		28.9%	29.4%
Obesity (High School Students)	9.3%		12.7%	13.7%
Overweight (Adults)	35.1%		36.0%	35.4%
Overweight (High School Students)	13.9%		16.0%	16.6%
<b>Pregnancy and Birth Outcomes</b>				
Infant deaths per 1,000 live births	5.7	NA	6.0	6.0
Live births for which the mother received early and adequate prenatal care	85.9%	NA	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	12.2	NA	20.5	26.5
Low birth weight (<2500 grams)	6.5%	NA	6.6%	8.0%
<b>Substance and Alcohol Abuse</b>				
Binge drinking of alcoholic beverages (Adults)	20.7%		17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	3.9%	NA	7.8%	NA
Past-30-day alcohol use (High School Students)	25.6%		26.0%	34.9%
Past-30-day marijuana use (High School Students)	22.0%		21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	1.0% <sup>+</sup>		1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	5.5%		5.6%	NA
<b>Tobacco Use</b>				
Current smoking (Adults)	17.0%		20.2%	19.0%
Current tobacco use (High School Students)	16.4%	NA	18.2%	22.4%

 Indicates county is significantly better than state average (using a 95% confidence level).

 Indicates county is significantly worse than state average (using a 95% confidence level).

+ Indicates an improvement in the indicator over time at the county level (using a 95% confidence level)

– Indicates a worsening in the indicator over time at the county level (using a 95% confidence level)

<sup>†</sup> Results may be statistically unreliable due to small numerator, use caution when interpreting.

NA = No data available