

Maine Shared Community Health Needs Assessment

District Summary: 2015

Downeast District

Updated: October 2015

Maine Shared CHNA Health Indicators	Downeast	Hancock	Washington	Maine	U.S.
Demographics					
Total Population	87,035	54,845	32,190	1,328,302	319 Mil
Population – % ages 0-17	18.1%	17.6%	18.9%	19.7%	23.3%
Population – % ages 18-64	61.0%	61.7%	59.7%	62.6%	62.6%
Population – % ages 65+	20.9%	20.7%	21.4%	17.7%	14.1%
Population – % White	94.9%	96.7%	92.0%	95.2%	77.7%
Population – % Black or African American	0.6%	0.6%	0.6%	1.4%	13.2%
Population – % American Indian and Alaska Native	2.2%	0.5%	5.1%	0.7%	1.2%
Population – % Asian	0.9%	1.0%	0.5%	1.1%	5.3%
Population – % Hispanic	1.5%	1.3%	1.7%	1.4%	17.1%
Socioeconomic Status Measures					
Adults living in poverty	16.0%	14.0%	19.5%	13.6%	15.4%
Children living in poverty	23.3%	21.5%	26.2%	18.5%	21.6%
High school graduation rate	86.2%	84.3%	89.4%	86.5%	81.0%
Unemployment rate	7.5%	7.0%	8.4%	5.7%	6.2%
65+ living alone	42.6%	41.4%	44.3%	41.2%	37.7%
General Health Status					
Adults who rate their health fair to poor	17.2%	15.2%	20.4%	15.6%	16.7%
Adults with 14+ days lost due to poor mental health	10.9%	9.9%	12.6%	12.4%	NA
Adults with 14+ days lost due to poor physical health	12.6%	11.6%	14.4%	13.1%	NA
Adults with three or more chronic conditions	28.4%	26.6%	31.6%	27.6%	NA
Access					
Adults with a usual primary care provider	84.9%	85.7%	83.6%	87.7%	76.6%
MaineCare enrollment	29.8%	23.6%	40.3%	27.0%	23.0%
Percent uninsured	14.1%	14.7%	13.7%	10.4%	11.7%
Health Care Quality					
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,677.3	1,600.0	1,809.0	1,499.3	1458
Oral Health					
Adults with visits to a dentist in the past 12 months	63.2%	67.6%	56.9%	65.3%	67.2%
Respiratory					
Asthma emergency department visits per 10,000 population	83.6	62.5	118.0	67.3	NA
COPD hospitalizations per 100,000 population	207.2	220.8	187.7	216.3	NA
Current asthma (Adults)	10.4%	10.5%	10.2%	11.7%	9.0%
Current asthma (Youth 0-17)	7.1%†	4.4%†	10.9%†	9.1%	NA
Cancer					
Mortality – all cancers per 100,000 population	186.1	171.4	210.5	185.5	169
Mammograms females age 50+ in past two years	77.6%	82.9%	70.0%	82.1%	77.0%
Colorectal screening	70.1%	73.0%	66.3%	72.2%	NA
Pap smears females ages 21-65 in past three years	80.5%	79.0%	82.6%	88.0%	78.0%

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Cardiovascular Disease					
Hypertension prevalence	38.1%	37.3%	39.7%	32.8%	31.4%
High cholesterol	42.6%	40.7%	45.9%	40.3%	38.4%
Diabetes					
Diabetes prevalence (ever been told)	9.5%	8.9%	10.4%	9.6%	9.7%
Pre-diabetes prevalence	5.2%	6.5%†	3.4%†	6.9%	NA
Adults with diabetes who have had an A1C test twice per year	NA	NA	NA	73.2%	NA
Environmental Health					
Children with confirmed elevated blood lead levels (% among those screened)	1.4%	1.5%	1.2%	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	4.3%	3.3%	5.3%	4.2%	NA
Homes with private wells tested for arsenic	47.4%	54.9%	34.1%	43.3%	NA
Immunization					
Adults immunized annually for influenza	39.8%	38.4%	42.0%	41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	64.5%	62.3%	68.0%	72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	6.5%	10.0%	0.4%	3.7%	NA
Infectious Disease					
Hepatitis B (acute) incidence per 100,000 population	2.3†	1.8†	3.1†	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	3.5†	1.8†	6.3†	2.3	0.7
Lyme disease incidence per 100,000 population	154.9	219.4	44.0†	105.3	10.5
Pertussis incidence per 100,000 population	55.5	14.6†	125.8	41.9	10.3
STD/HIV					
Chlamydia incidence per 100,000 population	161.8	164.5	157.2	265.5	452
Gonorrhea incidence per 100,000 population	8.1†	3.7†	15.7†	17.8	110
Intentional Injury					
Nonfatal child maltreatment per 1,000 population	NA	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	18.0	16.1	21.1	15.2	12.6
Unintentional Injury					
Unintentional and undetermined intent poisoning deaths per 100,000 population	12.1	10.0	15.6	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	349.5	309.8	415.6	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	16.4	14.5	19.5	10.8	10.5
Mental Health					
Adults who have ever had anxiety	17.5%	15.7%	20.1%	19.4%	NA
Adults who have ever had depression	21.8%	21.1%	23.0%	23.5%	18.7%
Co-morbidity for persons with mental illness	38.1%	NA	40.0%	35.2%	NA
Physical Activity, Nutrition and Weight					
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	23.0%	20.1%	27.9%	22.4%	25.3%
Obesity (Adults)	30.0%	29.8%	30.4%	28.9%	29.4%
Obesity (High School Students)	NA	NA	15.9%	12.7%	13.7%
Overweight (Adults)	36.5%	37.3%	35.0%	36.0%	35.4%
Overweight (High School Students)	NA	NA	17.1%	16.0%	16.6%
Pregnancy and Birth Outcomes					
Infant deaths per 1,000 live births	4.0	3.8	4.3	6.0	6.0

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Live births for which the mother received early and adequate prenatal care	88.2%	90.9%	84.3%	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	23.0	19.2	28.7	20.5	26.5
Low birth weight (<2500 grams)	5.7%	6.4%	4.7%	6.6%	8.0%
Substance and Alcohol Abuse					
Binge drinking of alcoholic beverages (Adults)	16.2%	15.7%	17.0%	17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	10.0%	7.6%	13.9%	7.8%	NA
Past-30-day alcohol use (High School Students)	NA	NA	28.2%	26.0%	34.9%
Past-30-day marijuana use (High School Students)	NA	NA	23.6%	21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	0.7%†	1%†	0.3%†	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	NA	NA	4.2%	5.6%	NA
Tobacco Use					
Current smoking (Adults)	19.1%	14.2%†	28.8%	20.2%	19.0%
Current tobacco use (High School Students)	NA	NA	23.6%	18.2%	22.4%

 Indicates district/county is significantly better than state average (using a 95% confidence level).

 Indicates district/county is significantly worse than state average (using a 95% confidence level).

† Results may be statistically unreliable due to small numerator, use caution when interpreting.