

2008 WASHINGTON COUNTY DATA

Maine Center for Disease Control and Prevention/DHHS

INDICATOR	WASHINGTON COUNTY	MAINE
DEMOGRAPHICS		
Total Population [2006]	33,288	1,321,574
Total Percent of Maine Population [2006]	2.5	100
Population Density (people per square mile) [2006]	13.2	42.8
Median Age [2006]	42.7	41.1
Selected Ages (US Census Official Population Estimates) [2006]		
<5 Years of Age (percent and count)	5.0 (1,767)	5.3 (70,245)
65 Years & Older (percent and count)	17.0 5,902	14.1 (192,639)
Race/Ethnicity Counts (one race alone or in combination with one or more other races, except where noted.** US Census Official Population Estimates) *see Tech notes [2006]		
White (one race alone or in combination)	31,591	1,290,712 (97%)
Black (one race alone or in combination)	237	14,864 (1.1%)
American Indian & Alaskan Native (one race alone or in combination)	1,629	13,553 (1%)
Asian (one race alone or in combination)	232	14,800 (1.1%)
Native Hawaiian & Other P.I. (one race alone or in combination)	7	806 (<1%)
Hispanic (of any race)**	392	13,529 (1%)
Non-Hispanic (total)**	32,896	1,308,045 (99%)
Franco-American	3,383	305,259 (22%)
Median Annual Household Income [2004]	\$29,087	\$41,287
Families Living in Poverty (all ages, percent) [2004]	17.4 (±8.2) 5,701	11.3 (±0.1) 148,801
Children on Free or Reduced Lunch Program (percent of enrolled school children) [2005]	55.5 2,772	36.4 71,236
Adults with Lifetime Educational Attainment Less Than High School (percent) [2000]	20.1 4,729	14.6 127,419

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DEMOGRAPHICS (cont'd)				
Single-Parent Households with Children <18 years (percent) [2000]	5.9 839		9.2 (±0.1) 47,848	
Householders ≥ 65 Living Alone (percent) [2000]	13.1 1,847		10.7 (±0.1) 55,451	
People Who Speak a Language Other Than English (percent of those >5 years old) [2000]	5.4 1,731		7.8 82,512	
People with Disability Status (percent of those >5 years old) [2000]	27.0 8,543		20.0 237,910	
Male	n/a		23.9	
Female	25.3		23.6	
MATERNAL/CHILD HEALTH				
Infant mortality rate per 1,000 live births (5-year moving average)	7.1 (±3.6) [1991-1995]	4.6 (±3.2) [2001-2005]	6.2 (±0.6) [1991-1995]	5.6 (±0.6) [2001-2005]
Live Births with Low Birth Weight (percent of live births < 2500g)	5.1 (±2.3) [1996]	7.9 (±2.9) [2006]	5.9 (±0.4) [1996]	6.8 (±0.4) [2006]
Percent of infants born to pregnant women receiving prenatal care beginning the first trimester	83.7 (±3.7) [1996]	82.5 (±3.9) [2006]	89.7 (±0.5) [1996]	87.4 (±0.6) [2006]
Teen Births Ages 15-17 (rate per 1,000 female population)	26.2 (±6.7) [1993-1995]	14.3 (±5.0) [2003-2005]	18.8 (±1.0) [1993-1995]	11.2 (±0.7) [2003-2005]
HEALTH & WELLNESS				
Adolescent Smoking Prevalence (percent of 6-12 graders)		15.5 [2006]		13.8 (±0.2) [2006]
Adult Smoking Prevalence (percent who are current smokers)		28.6 [2006]		20.9 [2006]
Male		n/a		22.0 [2006]
Female		n/a		20.0 [2006]
Adults Overweight or Obese (percent)		68.0 [2006]		59.7 [2006]

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HEALTH & WELLNESS				
Adults Reporting Fair or Poor Health Status in Last 30 Days (percent)		21.7 (±6.9) [2006]		13.7 (±1.2) [2006]
Male		23.5 (±10.2) [2006]		13.4 (±1.9) [2006]
Female		20.0 (±9.4) [2006]		14.0 (±1.6) [2006]
CHRONIC DISEASE				
Overall Cancer Incidence (age-adjusted rate per 100,000)	555.8 [1997-1999]	608.9 [2003-2005]	509.0 [1997-1999]	524.5 [2003-2005]
Male	676.4 [1997-1999]	745.6 [2003-2005]	609.6 [1997-1999]	613.7 [2003-2005]
Female	477.4 [1997-1999]	507.4 [2003-2005]	443.8 [1997-1999]	460.2 [2003-2005]
Overall Cancer Mortality (age-adjusted rate per 100,000)	235.0 [1994-1998]	241.6 [2000-2004]	218.3 [1994-1998]	208.4 [2000-2004]
Male	301.3 [1994-1998]	308.8 [2000-2004]	274.7 [1994-1998]	256.1 [2000-2004]
Female	189.5 [1994-1998]	196.4 [2000-2004]	182.8 [1994-1998]	176.5 [2000-2004]
Cancer by Stage of Diagnosis	*Information appended to end of table*			
Lung Cancer Incidence (age-adjusted rate per 100,000)	100.9 [1997-1999]	102.1 [2003-2005]	79.1 [1997-1999]	79.7 [2003-2005]
Male	145.0 [1997-1999]	139.7 [2003-2005]	103.9 [1997-1999]	99.1 [2003-2005]
Female	68.7 [1997-1999]	70.9 [2003-2005]	61.9 [1997-1999]	65.4 [2003-2005]
Lung Cancer Mortality (age-adjusted rate per 100,000)	69.9 [1994-1998]	77.2 [2000-2004]	63.8 [1994-1998]	61.7 [2000-2004]
Male	95.5 [1994-1998]	99.4 [2000-2004]	86.8 [1994-1998]	79.8 [2000-2004]
Female	49.8 [1994-1998]	61.2 [2000-2004]	47.9 [1994-1998]	48.7 [2000-2004]
Colorectal Cancer Incidence (age-adjusted rate per 100,000)	81.2 [1997-1999]	77.7 [2003-2005]	62.4 [1997-1999]	56.2 [2003-2005]
Male	100.4 [1997-1999]	81.8 [2003-2005]	73.3 [1997-1999]	65.8 [2003-2005]
Female	64.6 [1997-1999]	74.4 [2003-2005]	54.6 [1997-1999]	48.4 [2003-2005]

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CHRONIC DISEASE (cont'd)				
Colorectal Cancer Mortality (age-adjusted rate per 100,000)	34.2 [1994-1998]	27.3 [2000-2004]	24.0 [1994-1998]	20.6 [2000-2004]
Male	40.7 [1994-1998]	31.2 [2000-2004]	28.5 [1994-1998]	23.4 [2000-2004]
Female	29.2 [1994-1998]	23.5 [2000-2004]	21.2 [1994-1998]	18.3 [2000-2004]
Colonoscopy Among Adults 50 and Older (percent)		38.6 [2000-2006]		64.6 [2006]
Female Breast Cancer Incidence (age-adjusted rate per 100,000)	131.1 [1997-1999]	127.0 [2003-2005]	129.6 [1997-1999]	127.2 [2003-2005]
Female Breast Cancer Mortality (age-adjusted rate per 100,000)	29.6 [1994-1998]	31.7 [2000-2004]	28.3 [1994-1998]	23.9 [2000-2004]
Mammogram in Past Two Years Among Women 40 and Older (percent)		90.0 (±6.3) [2006]		82.0 (±2.0) [2006]
Pap Smear in Past 3 Years Among Women 18 and Older (percent)		90.0 (±6.3) [2006]		89.1 (±1.7) [2006]
Prostate Cancer Incidence (age-adjusted rate per 100,000)	174.6 [1997-1999]	179.1 [2003-2005]	164.8 [1997-1999]	160.9 [2003-2005]
Prostate Cancer Mortality (age-adjusted rate per 100,000)	31.1 [1994-1998]	29.4 [2000-2004]	34.4 [1994-1998]	28.5 [2000-2004]
Total Number of Deaths Due to CVD	940 [1986-1990]	761 [2001-2005]	25,269 [1986-1990]	20,775 [2001-2005]
Male	503 [1986-1990]	364 [2001-2005]	12,114 [1986-1990]	9,717 [2001-2005]
Female	437 [1986-1990]	397 [2001-2005]	13,155 [1986-1990]	11,058 [2001-2005]
Major CVD Deaths (rate per 100,000)	532.0 [1986-1990]	454.4 [2001-2005]	417.9 [1986-1990]	318.4 [2001-2005]
Male	580.7 [1986-1990]	446.5 [2001-2005]	411.6 [1986-1990]	305.3 [2001-2005]
Female	485.2 [1986-1990]	462.0 [2001-2005]	423.9 [1986-1990]	330.8 [2001-2005]
Stroke Hospitalizations (rate per 10,000)	32.8 [1997]	24.8 [2006]	25.9 [1997]	24.6 [2006]
Male	27.9 [1997]	23.4 [2006]	31.5 [1997]	21.6 [1997]
Female	23.5 [1997]	13.1 [2006]	24.0 [2006]	17.7 [2006]

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CHRONIC DISEASE (cont'd)				
Acute Myocardial Infarction Hospitalizations (rate per 10,000)	42.5 [1997]	45.5 [2006]	31.6 [1997]	28.9 [2006]
Male	58.8 [1997]	52.7 [2006]	44.4 [1997]	38.0 [2006]
Female	28.5 [1997]	38.4 [2006]	20.7 [1997]	21.0 [2006]
High Blood Pressure Among Adults (percent)		32.3 (±7.9) [2006]		25.6 (±1.5) [2006]
Male		n/a		26.6 (±2.5) [2006]
Female		25.7 (±8.9) [2006]		24.6 (±1.9) [2006]
High Cholesterol Among Adults (percent)		44.4 (±9.2) [2005]		36.2 (±1.8) [2005]
Male		n/a		38.5 (±3.0)
Female		n/a		34.2 (±2.3)
Diabetes Prevalence Among Adults (non-gestational; percent)	6.6 (±1.9) [1996-2000]	8.4 (±2.6) [2004-2006]	7.0 (±0.4) [1996-2000]	7.3 (±0.5) [2004-2006]
Male	5.6 (±2.8) [1996-2000]	7.6 (±3.8) [2004-2006]	7.6 (±0.6) [1996-2000]	8.1 (±0.9) [2004-2006]
Female	7.5 (±2.7) [1996-2000]	9.0 (±3.6) [2004-2006]	6.5 (±0.5) [1996-2000]	6.5 (±0.6) [2004-2006]
Diabetes Hospitalizations (age-adjusted rate per 10,000)	15.3 [1997]	13.5 [2006]	11.7 [1997]	10.5 [2006]
Male	13.1 [1997]	11.7 [2006]	13.6 [1997]	12.2 [2006]
Female	17.2 [1997]	15.6 [2006]	10.1 [1997]	9.1 [2006]
Adults with Diabetes Who Have Received a Hemoglobin A1c Test at Least Once Yearly (percent)	93.0 (±7.1) [1996-2000]	92.7 (±7.3) [2002-2006]	91.5 (±1.8) [1996-2000]	91.7 (±2.0) [2002-2006]
Adults with Asthma (percent)	10.6 [2002]	12.1 [2006]	10.0 [2002]	9.7 [2006]
Male		12.7 [2006]	7.7 [2002]	7.0 [2006]
Female	16.2 [2002]	11.6 [2006]	12.2 [2002]	12.2 [2006]

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CHRONIC DISEASE (cont'd)				
Asthma Emergency Department Visits (age-adjusted rate per 10,000)	83.5 [2000]	115.0 [2006]	60.2 [2000]	69.8 [2006]
Male	73.5 [2000]	100.5 [2006]	50.2 [2000]	57.8 [2006]
Female	92.3 [2000]	129.2 [2006]	69.6 [2000]	81.0 [2006]
Adults With a Routine Dental Visit in Past Year (percent) [2006]		64.9 (±7.8) [2006]		70.2 (±1.8) [2006]
Male		n/a		68.4
Female		n/a		71.6
ENVIRONMENTAL HEALTH				
Emergency Department Visits for Carbon Monoxide Poisoning (rate per 100,000)		4.5 (±1.6) [2001-2005]		6.9 (±0.7) [2001-2005]
Housing Units in Structures Built <1950 (numbers, representing high risk for lead)		8,338 (38.0%) [2000]		233,187 (35.8%) [2000]
Homes Tested for Presence of Radon (percent)		13.2 [2000]		23.5 [2000]
Homes with Private Wells Tested for Arsenic (percent)		51.5 (±5.3) [2003]		44.6 (±3.9) [2003]
District Community Water Systems Meeting all Health Based Standards (percent)		86 [2006]		80 [2006]
INFECTIOUS DISEASE				
Kindergarteners Exempted from Childhood Vaccination for Philosophical Reasons (count)		2 [2007]		373 [2007]
Influenza Vaccine Past Year for Adults Over 65 Years (percent)		66.6 (±8.8) [2004-2006]		70.6 (±1.9) [2004-2006]
Pneumococcal Vaccine Ever Among Adults 65 Years of Age or Older (percent)		69.3 (±8.9) [2004-2006]		66.0 (±2.1) [2004-2006]
Chlamydia (total number)		32 [2006]		2,304 [2006]

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INFECTIOUS DISEASE (cont'd)				
Late Diagnosis of HIV (number, AIDS diagnosis within 12 months of first HIV diagnosis)		2 [2001-2005]		96 [2001-2005]
Lyme Disease (crude rate per 100,000; 5-year count in parentheses)		4.4 (7) [2002-2006]		18.8 (1,200) [2002-2006]
Salmonella (crude rate per 100,000; 5-year count in parentheses)		6.6 (11) [2002-2006]		11.3 (720) [2002-2006]
INJURY & VIOLENCE				
Motor Vehicle Traffic Crash Deaths (age-adjusted rate per 100,000) and average number per year	29.2 (±8.0) 10 avg/yr [1991-1995]	25.8 (±7.7) 9 avg/yr [2001-2005]	13.8 (±0.9) 183 avg/yr [1991-1995]	12.9 (±0.9) 185 avg/yr [2002-2005]
Male	n/a	27.8 (±11.6) 4 avg/yr [2001-2005]	18.2 (±1.6) 117 avg/yr [1991-1995]	17.3 (±1.5) 120 avg/yr [2001-2005]
Female	n/a	24.7 (±10.6) 4 avg/yr [2001-2005]	9.0 (±1.1) 65 avg/yr [1991-1995]	8.3 (±1.0) 65 avg/yr [2001-2005]
Total Hip Fracture Hospitalizations Among 65+ Year Olds (rate per 100,000) and 5-year count	743.8 (±99.2) 216 [1991-1995]	768.5 (±100.4) 225 [2001-2005]	802.4 (±19.1) 6,809 [1991-1995]	751.4 (±17.5) 6,067 [2001-2005]
Male	348.9 (±104.3) 43 [1991-1995]	518.8 (±126.1) 65 [2001-2005]	435.1 (±22.1) 1,490 [1991-1995]	443.8 (±20.8) 1,755 [2001-2005]
Female	1,034.9 (±154.2) 173 [1991-1995]	955.3 (±148.0) 160 [2001-2005]	1,050.9 (±28.2) 5,319 [1991-1995]	974.6 (±26.2) 5,312 [2001-2005]
Total Reported Rapes (rate per 10,000 female population) and average number per year	5.0 (±1.5) 9 avg/yr [1991-1995]	3.4 (±1.2) 6 avg/yr [2001-2005]	4.6 (±0.2) 340 avg/yr [1991-1995]	5.1 (±0.2) 294 avg/yr [2001-2005]
Domestic Assaults Reported to the Police (rate per 10,000 population) and count	35.7 (±6.2) 129 [1995]	23.6 (±5.2) 79 [2005]	35.7 (±1.1) 4,412 [1995]	41.3 (±1.1) 5,459 [2005]

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INDICATOR	WASHINGTON COUNTY		MAINE	
SUBSTANCE ABUSE & MENTAL HEALTH				
Adults With 14 or More Days of Frequent Mental Distress in the Past Month (percent)		7.8 (±3.8) [2006]		9.8 (±0.5) [2006]
Male		5.0 (±4.6) [2006]		8.0 (±1.7) [2006]
Female		10.3 (±5.8) [2006]		11.4 (±1.5) [2006]
Adults With Current Symptoms of Moderate or Severe Depression (percent)		9.7 (±4.5) [2006]		7.6 (±1.0) [2006]
Male		7.0 (±5.5) [2006]		6.9 (±1.6) [2006]
Female		12.1 (±7.0) [2006]		8.2 (±1.4) [2006]
Suicide Deaths (age 10 and older, rate per 100,000)	19.8 (±7.0) [1991-1995]	16.7 (±6.5) [2001-2005]	15.5 (±1.1) [1991-1995]	13.9 (±1.0) [2001-2005]
Previous 30-Day Alcohol Use Among 9 th -12 th Graders (percent)	39.1 [2000]	37.2 [2006]		40.3 [2006]
Adults Who Have Participated in Binge Drinking in the Past 30 Days (percent)		32.7 (±7.5) [2004-2006]		25.9 (±1.4) [2004-2006]
Binge Drinking Within the Last 2 Weeks Among 9 th -12 th Graders (percent)	21.8 [2000]	21.2 [2006]		21.6 [2006]
Previous 30-Day Prescription Drug Misuse Among 9 th -12 th Graders (percent)		5.2 [2006]		8.2 [2006]
Substance Abuse Admissions (number among all ages)	270 [1996]	658 [2006]		10,018 [2006]
ACCESS TO CARE				
Access to Primary Care Physician (population to physician ratio)	3,580:1 [1980-1981]	828:1 [2000-2001]	2,288:1 [1980-1981]	1,039:1 [2000-2001]

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ACCESS TO CARE (cont'd)							
Adults With No Health Insurance (percent)		14.8 (±5.6) [2006]		10.4 (±1.3) [2006]			
Male		17.7 (±9.1) [2006]		13.2 (±2.2) [2006]			
Female		12.2 (±6.8) [2006]		7.7 (±1.3) [2006]			
PUBLIC HEALTH PREPAREDNESS							
Hospitals with Pandemic Influenza Plan In Process or No Response (percent)		0 [2007]		25 [2007]			
Hospitals with Draft Pandemic Influenza Plan Completed (percent)		100 [2007]		35 [2007]			
Hospitals with Pandemic Influenza Plan Completed (percent)		0 [2007]		40 [2007]			
CANCER BY STAGE OF DIAGNOSIS							
Female Breast Cancer (percent)	Washington County		Maine		U.S. Whites		
	1995-1997	2004-2005	1995-1997	2004-2005	1995-1997	2004	
	Local	63.4	67.8	67.2	63.9	64.4	
	Regional	29.6	27.1	27.8	28.6	27.8	
	Distant	5.6	3.4	3.5	4.9	4.2	
Unknown	1.4	1.7	1.5	2.6	3.6		
Colorectal Cancer (percent)	Washington County		Maine		U.S. Whites		
	1995-1997	2004-2005	1995-1997	2004-2005	1995-1997	2004	
	Local	28.6	43.3	37.1	47.3	36.4	
	Regional	39.6	31.3	40.9	30.8	38.6	
	Distant	20.9	13.4	17.2	16.3	18.6	
Unknown	11.0	11.9	4.8	5.6	6.5		
Cervical Cancer (percent)	Washington County		Maine		U.S. Whites		
	1995-1997	2004-2005	1995-1997	2004-2005	1995-1997	2004	
	Local	Not available - cell numbers too small at county level		54.9	60.0	54.6	48.0
	Regional			34.0	21.8	29.3	36.8
	Distant			7.3	10.9	9.0	10.8
Unknown	3.9			7.3	7.1	4.4	
Prostate Cancer (percent)	Washington County		Maine		U.S. Whites		
	1995-1997	2004-2005	1995-1997	2004-2005	1995-1997	2004	
	Local/Regional*	87.1	78.4	86.5	89.1	87.3	
	Distant	8.9	4.1	6.9	7.2	5.4	
	Unknown	4.0	17.6	6.6	7.2	7.3	

*For prostate cancer, local and regional stages should be combined when presenting stage information

Radon Levels in Maine Homes by County

County	Number of Homes Sampled	Indoor Air Radon Levels (pCi/L)			
		50 th Percentile	Maximum Level	Percent > 4 pCi/L	Percent > 2 pCi/L
Androscoggin	47	2.4	11.4	23 %	57 %
Aroostook	102	3.6	25.2	41 %	63 %
Cumberland	132	3.2	82.7	39 %	72 %
Franklin	22	1.7	103.2	18 %	33 %
Hancock	53	2.2	19.4	28 %	51 %
Kennebec	61	2.0	19.4	28 %	50 %
Knox	30	1.6	9.7	23 %	41 %
Lincoln	18	1.7	6.9	11 %	35 %
Oxford	42	4.2	30.3	52 %	65 %
Penobscot	79	1.7	7.5	15 %	36 %
Piscataquis	42	1.9	22.5	26 %	47 %
Sagadahoc	34	1.6	8.0	18 %	39 %
Somerset	31	1.6	5.8	19 %	31 %
Waldo	27	2.1	13.0	22 %	51 %
Washington	40	1.6	12.2	15 %	39 %
York	79	2.9	33.0	41 %	67 %

Screening indoor air radon data from the US Environmental Protection Agency / State of Maine Residential Radon Survey of Maine conducted during 1988 – 89. Data represent 2 – 7 day charcoal canister measurements from the lowest level of each tested home.

SOURCE: [EPA's Map of Radon Zones: MAINE](#), U.S. Environmental Protection Agency, Air and Radiation, 402-R-93-039, September, 1993.