|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| ***A picture containing logo  Description automatically generated***Magaca: | | Taariikhda Dhalashada | | Da'da: | | Luuqadda la door biday: | | | |
| Miyaad leedahay caymis caafimaad? Haa  Maya  Haddii ay tahay haa:  Dadweyne  Gaar ah | | Jinsiga:  Lab  Dhedig Aan lab iyo dhedig ahayn/X  Laba labuuf Waxaan door bidayaa inaan shaacin mid kale\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | | |
| Jinsiyada:  Hindi Mareykan ah ama Dhaladka Alaska  Aasiyaan  Dhaladka Hawaii ama Jasiiradaha kale ee Baasifigga | | | Madow ama Afrikaan Ameerikaan ah  Caddaan  Jinsiyada kale | | Qowmiyadda:  Hisbaanik/Laatiino  Aan Hisbaanik ahayn/Laatiino ahayn | | | | |
| Cinwaanka Waddada: | | Magaalada/Zip-ka | | Taleefonka: | | | | | |
| ***Fadlan ka jawaab su'aalaha soo socda ee ku saabsan qofka kor lagu magacaabay.*** | | | | | | **Haa** | **Maya** |
| 1. Weligaa ma heshay qiyaas/doos tallaalka COVID-19 ah?   *Haddii ay haa tahay, dukumeenti ayaa loo baahan yahay***.** | | | | | |  |  |
| 1. Miyaad yeelatay, 10-kii maalmood ee u dambeeyay, qandho, qarqaryo, qufac, neefta oo kugu yaraata, neefsashada oo kugu adkaato, daal, muruq ama jir xanuun, madax xanuun, luminta dhadhan ama urta oo kugu cusub, cune xanuun, cabudh ama diif daadasho, lallabbo, matag, ama shuban? | | | | | |  |  |
| 1. Miyaa lagugula taliyay inaad is-go'doomiso ama is-karantiisho wakhtigan? | | | | | |  |  |
| 1. Dhexdhexaad miyaa utahay difaaca jir oo aad u xumaada? | | | | | |  |  |
| 1. Weligaa ma yeelatay dareen-celin xasaasiyad daran (tusaale, xaasiyada daran/anaphylaxis-ka)? Tusaale ahaan, falcelin lagugu daweeyay hormoonka uu soo siidaayo qanjirka kalyaha korkiisa ee ku aadan kajawaabida walaaca ama EpiPen-ka, ama taas oo ahayd inaad aado isbitaal. | | | | | |  |  |
| 1. Waligaa miyaa ku yeelatay fal-celin xasaasiyadeed tallaal hore oo COVID-19 ah? Tusaale ahaan, miyaad yeelatay cuncun, barar, ama hinraagitaan 4 saacadood gudahooda ee tallaalka? | | | | | |  |  |
| 1. Miyaad leedahay taariikhda bararitaanka walaxda muruqa ee wadnaha ama xuubka ku hareersan wadnaha? | | | | | |  |  |
| 1. Miyaad qaadatay daawaynta lid-jidh gale dadban 90-kii maalmood ee la soo dhaafay? | | | | | |  |  |
| **QAATOOYINKA TALLAALKA <18 JIR DA'A AHAAN, MAS'UULIYIINTA FADLAN CALAAMADEEYA MID KA MID AH SANDUUQYADA SOO SOCDA:**  Tallaalada ilmahayga **waa la samayn karaa** la'aanteyda.  Tallaalada ilmahayga **ayaa oo kaliya la samayn karaa** anoo jooga.  **OGOLAANSHAHA IN LA TALAALO**   * Waxa la i siiyay koobiga xaashida Xaqiiqda Oggolaanshaha Isticmaalka Degdega ah, kaas oo aan akhriyay ama la ii sharaxay xaashidan xaqiiqda ku dheehan, waxaana fahmay faa'iidooyinka iyo halista tallaalka COVID-19. * Waxaan fahamsanahay in diiwaanka tallaalkan la gelin doono Nidaamka Macluumaadka Tallaalka ee Maine, ImmPact. * Waxaan fahamsanahay in la igula taliyay inaan joogo goobta maanta ugu yaraan 15 daqiiqo tallaalka ka dib. * **Fasax baan siinayaa in tallaalka COVID-19 la siiyo qofka kor ku magacaaban aniga oo hoos saxiixaya.**   X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Taariikhda:\_\_\_\_\_\_\_\_\_\_  Saxiixa masuulka qofka la tallaalayo ama Saxiixa qofka weyn ee la tallaali rabo  X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Taariikhda:\_\_\_\_\_\_\_\_\_\_  Saxiixa turjubaanka | | | | | | | |

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| **ISTICMAALKA XAFIISKA OO KALIYA:** | | | | | | | | | |
| **Qiyaas/Doos** | **Taariikhda Qiyaasta la Bixiyay** | **Soo saaraha tallaalka** | **Nambarka Qaybta** | **Mugga Dooska/Qiyaasta** | **Saxiixa iyo Aqoonsiga Bixiyaha Tallaalka** | | **Goobta duritaanka -**  **Deltoid** | **Jidka loo maraayo** | **Taariikhda EUA-da** |
| Qiyaasta 1aad  \_\_\_/\_\_\_/\_\_\_  Qiyaasta 2aad  \_\_\_/\_\_\_/\_\_\_  Qiyaasta 3aad  \_\_\_/\_\_\_/\_\_\_ | / / |  |  |  |  | | Bidix  Midig | FARIIN DEGDEG AH |  |
| Kaadhka Talaalka ee COVID-19 waa la dhameystiray:  H  M | | | | | Heerkulka: | | | |