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Maine Center for Disease Control and Prevention
An Office of the Department of Health and Human Services
Paul R. LePage, Governor
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Tick Quiz - Don't Let the Ticks Bite!

Check the box next to the correct answer.

1. In which place are we most likely to find a tick?

☒ **On grasses alongside trails**
☐ In a pile of snow
☐ In the sand box
☐ In a cut lawn

2. How often should you do a tick check?

☒ **Daily**
☐ Every other day
☐ Once a week
☐ Never

3. Which type of tick can carry Lyme disease?

☒ **Deer tick**
☐ Dog tick

4. What is the best way to remove a tick?

☐ Burn it off
☒ **With a tick spoon or tweezers**
☐ I don't need to remove a tick
☐ Squeeze it off with my fingers

5. How do ticks move?

☐ Jump
☐ Fly
☒ **Walk**
☐ Dance

6. Which of the following is a symptom of Lyme disease?

☐ Bull's-eye rash
☐ Chills, fever, and headache
☐ Sore muscles
☒ **All of the above**

7. How can you protect yourself against ticks?

☐ Wear long pants and tuck them into your socks
☐ Don't brush against tall grass, leaves, logs, or shrubs
☐ Wear EPA approved repellent
☐ Perform daily tick checks
☒ **All of the above**

8. Check the box next to the picture of the <u>deer tick</u>.

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☐

Answers