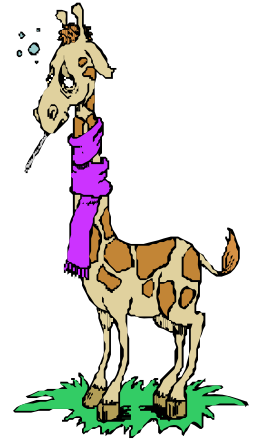


# Children who should receive a flu shot:

- All children ages 6 months - 59 months
- Children ages 6 months - 18 years old with chronic underlying medical condition
- Children ages 6 months - 18 years old on chronic aspirin therapy
- Children ages 6 months - 18 years old that are household contacts of persons at risk of complications from influenza, included children aged less than 6 months
- Any child who wants to reduce their risk of becoming ill with the flu

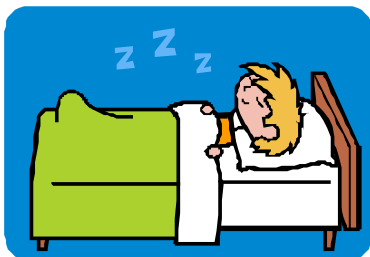


## If your child needs a flu shot:

- Call your child's healthcare provider to make an appointment to receive the vaccine
- If no vaccine is available:
  - Ask your healthcare provider to place your child on a list for vaccine
  - Look for local vaccine clinics
  - Check [mainepublichealth.gov](http://mainepublichealth.gov) for vaccine availability in your area



## All children should be taught the Keep Germs to Yourself steps!



- Wash hands often
- Cover your cough
- Stay home if sick

