

VII. WIC Provision of Ready to Feed Formulas Pre-Prepared Added Rice Starch Formulas

WIC staff may provide ready to feed (RTF) infant formulas for a WIC participant only when assessment determines that at least one of the following conditions exists:

- The participant's household has an unsanitary or restricted water supply or poor refrigeration
- The person caring for the participant may have difficulty in correctly diluting concentrated or powdered formulas
- The WIC infant formula is only available in ready-to-use.

Participants with a prescription for a medically necessary (exempt, non-standard) formula may be provided RTF formula for the following additional reasons:

- The ready to feed form better accommodates the participant's condition
- The ready to feed form improves the participant's compliance in consuming the prescribed WIC formula

For information on RTF forms of specific formulas, consult the appropriate section of this formulary.

Pre-prepared added starch formulas may be made available for infants with severe gastroesophageal reflux if the caregiver is unable to correctly mix and thicken the formula with cereal. The Maine CDC WIC Nutrition Program will provide all formulas with added rice starch.

Prescriptions for pre-prepared added starch formulas must include:

- **specific product requested**
- **diagnosis, including ICD-9 code**
- **length of time the product is needed**
- **amount prescribed per day**

According to WIC Federal Regulations (7 CFR, Part 246), monthly formula issuance amounts are based on infant age, feeding choice (partially breastfed or fully formula fed) and form of formula (powder, concentrate, ready to feed). Partially breastfed infants needing supplemental formula may receive a maximum of one can of powdered formula in the first 30 days of life, and will have monthly issuance tailored according to individual need throughout the rest of the first year. WIC maximum formula issuance amounts for all infant age groups, feeding choices and forms of formula re included for each item listed.

For patients enrolled with MaineCare for medical coverage, MaineCare may be able to provide additional formula when the amount Maine WIC is able to provide does not meet the patient's medical need. Health care providers may use the **Maine CDC WIC Nutrition Program Medical Documentation for WIC Medical Formula or Medical Food/MaineCare Prior Authorization Form for Formula** form to obtain approval and prior authorization for MaineCare coverage. **This form must be sent to the local WIC office in order for MaineCare to approve coverage of the formula prescribed.**

Pre-Prepared Added Rice Starch Formulas								
Product Name	Description	Packaging	Composition	Indications	Maximum Monthly WIC Issuance Amounts			
Enfamil AR® for Spit Up (Mead Johnson Nutritionals)	Milk-based infant formula thickened with added rice starch. Gluten Free.	Powder: 12.9 oz. cans, 6 cans/case (use unpacked level scoops) Can yield = 91 fl. oz. (standard dilution) NDC: 0087-020142 Ready to Feed Liquid: 32 oz. cans, 6 cans/case NDC: 0087-020373	CHO: lactose, pregelatinized rice starch, maltodextrin, galactooligosaccharides, polydextrose PRO: nonfat milk FAT: palm olein, soy, coconut, high oleic sunflower, M. alpina, and C. cohnii oils Vitamins, minerals 20 cal. /fl. oz. Osmolality= 240 mOsm/kg H ₂ O (RTU) 230 mOsm/kg H ₂ O (powder)	For infants needing a thickened formula as directed by physician.	Non-breastfed infants			
					Powder: 12.9 oz.	0-3 months	4-5 months	6-11 months
					RTF (32 oz.)	9 cans	10 cans	7 cans
						26 cans	28 cans	20 cans
					Partially breastfed infants			
Powder: 12.9 oz.	1-3 months	4-5 months	6-11 months					
RTF (32 oz.)	4 cans	5 cans	4 cans					
	12 cans	14 cans	10 cans					