

III. Gastroesophageal Reflux

Formulas with added rice starch are available for infants when an assessment demonstrates difficulty for the caretaker to properly thicken a standard formula by adding infant rice cereal. The Maine CDC WIC Nutrition Program will provide all formulas with added rice starch. Prescription requests for one of these formulas must include:

- **specific formula name**
- **diagnosis, including ICD-9 code**
- **length of time the product is needed**
- **amount of formula prescribed per day**

According to WIC Federal Regulations (7 CFR, Part 246), monthly formula issuance amounts are based on infant age, feeding choice (partially breastfed or fully formula fed) and form of formula (powder, concentrate, ready to feed). Partially breastfed infants needing supplemental formula may receive a maximum of one can of powdered formula in the first 30 days of life, and will have monthly issuance tailored according to individual need throughout the rest of the first year. WIC maximum formula issuance amounts for all infant age groups, feeding choices and forms of formula are included for each item listed.

Health care providers may use the ***Maine CDC WIC Nutrition Program Medical Documentation for WIC Medical Formula or Medical Food/MaineCare Prior Authorization Form for Formula*** form to obtain approval for issuance of formulas with added rice starch.

Formulas with Added Rice Starch					Maximum Monthly WIC Issuance Amounts			
Product Name	Description	Packaging	Composition	Indications				
Enfamil AR® for Spit Up (Mead Johnson Nutritionals)	Milk-based infant formula thickened with added rice starch. Gluten Free Kosher	Powder: 12.9 oz. cans, 6 cans/case (use unpacked level scoops) Can yield = 91 fl. oz. (standard dilution) NDC: 0087-020142 Ready to Feed Liquid: 32 oz. cans, 6 cans/case NDC: 0087-020373	CHO: lactose, rice starch, maltodextrin, galactooligosaccharides, polydextrose PRO: nonfat milk FAT: palm olein, soy, coconut, high oleic sunflower, M. alpina, and C. cohnii oils Vitamins, minerals 20 cal./fl. oz. Osmolality=240 mOsm/kg H ₂ O (RTU), 230 mOsm/kg H ₂ O (powder)	For infants needing a thickened formula as directed by physician.	Non-breastfed infants			
						0-3 months	4-5 months	6-11 months
					Powder: 12.9 oz.	9 cans	10 cans	7 cans
					RTF (32 oz.)	26 cans	28 cans	20 cans
					Partially breastfed infants			
	1-3 months	4-5 months	6-11 months					
Powder: 12.9 oz.	4 cans	5 cans	4 cans					
RTF (32 oz.)	12 cans	14 cans	10 cans					