

Maine Center for Disease Control and Prevention WIC Nutrition Program

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Policy No. BF-8

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Contraindications for Breastfeeding

Authority

7 CFR Part 246.11(c)(7) and (e)(1)

22 MRSA §255 and §1951

American Academy of Pediatrics, Pediatric Nutrition Handbook, 6th Edition, 2009

Policy

1. Breastfeeding contraindications shall follow evidence-based recommendations from the American Academy of Pediatrics.

Procedure

1. Breastfeeding is contraindicated for the following medical conditions:
 - 1.1 HIV positive or HTLV-1
 - 1.2 Herpes Simplex, localized on the breast
 - 1.3 Galactosemia in infant
2. For the following conditions, breastfeeding may proceed following treatment:
 - 2.1 Hepatitis A: As soon as mother receives gamma globulin
 - 2.2 Hepatitis B: After infant receives HBIG, first dose of hepatitis B vaccine should be given before hospital discharge
 - 2.3 Hepatitis C: If no co-infections exist
 - 2.4 Lyme disease: As soon as mother begins treatment
 - 2.5 Active TB: After mother has received 2 or more weeks of treatment
 - 2.6 Varicella-zoster (chicken pox): As soon as mother becomes noninfectious
 - 2.7 Antimetabolite chemotherapy: Depending on type of therapy, breastfeeding may be contraindicated
 - 2.8 Drug Abuse: Women ingesting drugs of abuse shall not breastfeed until they are free of the abused drugs or undergo appropriate treatment and counseling.

3. For an updated listing of medications and drugs that are contraindicated during breastfeeding, refer to Thomas Hale's Fifteenth Edition of Medications and Mothers' Milk or search electronically in the LactMed database: <http://toxnet.nlm.nih.gov/cgi-bin/sis/htmlgen?LACT>.