



## INSTRUCTIONS FOR COLLECTING COMPLIANCE WATER SAMPLES FOR Fluoride

1. Collect one or more samples in the distribution system and print sample location on the sample form.
2. Remove any screen, hoses and aerators from end of faucet.
3. Run COLD water for 3 to 5 minutes to make sure water has not been sitting for a long time in pipes or tanks and is fresh from the well.
4. Turn water down so it does not splash.
5. Uncap bottle(s) and fill to shoulder with water. Screw the cap on tightly.
6. Fill out the required information on sample form. **SIGN THE FORM!** The sample will not be processed unless the form has a signature!
7. Return bottle with completed paperwork to lab.  
**SAMPLE MUST ARRIVE AT LAB WITHIN 28 DAYS OF COLLECTION!**

**IF YOU HAVE ANY QUESTIONS....PLEASE CALL THE MAINE DRINKING WATER PROGRAM  
AT (207) 287-2070 OR YOUR LABORATORY**