

At a Glance

Minimum Qualifications for Direct Service Workers

Direct Service Worker	Minimum Age	Schooling	Training	Credit Considered	Training Must be Completed...	Continuing Education Requirements	FMI
Direct Support Professional	18	High school diploma or GED	45 hours College of Direct Support training	Credit for some MHRT-1 training modules	Within 1 year of start date	None	http://www.maine.gov/dhhs/OACPDS/DS/cds/index.shtml
Personal Support Specialist	17	8 th grade literacy level	50 hours PSS Training		Within 9 months of start date	None	http://www.maine.gov/dhhs/oes/pca/index.htm https://portalxw.bisoex.state.me.us/dhhs-apps/assisted/pss_overview.asp
Mental Health Rehabilitation Technician – 1	18	High school diploma or GED	35 hour Mental Health Support Specialist training Approved behavioral intervention program 40-hour Certified Residential Medication Aide (CRMA) training CPR and first-aid training	Credit for some DSP training modules	Within 1 year of start date	None	http://muskie.usm.maine.edu/cfl/MHRTIOverview.html

Consumer Directed Personal Assistant	17	NA	On the job training		Within 21 days of start date	None	http://www.maine.gov/dhhs/OACPDS/pd/index.shtml
Behavioral Health Professional	18	Bachelors Degree	50 hour Behavioral Health Professional training CPR, first aid and blood borne pathogens training		Within 1 year of hire	None	http://www.bhsi.net/behavioralhealthprofessional.php
Certified Residential Medications Aide	???	???	24 hour (Developmental Disability only) 35-45 hours (All others)		Before administering medications	8 hours every 2 years Recertified within 1 year of revision to DHHS medication administration guidelines or standards	https://portalxw.bisoex.state.me.us/dhhs-apps/assisted/crma_overview.asp
Certified Nursing Assistant	16	9 th grade	180-hour CNA training	Credit for first 20 hours of PSS training	Before hire as CNA	12 hours every year	CNA Training (http://www.maine.gov/education/it/directory/hoes/cna.htm)
Certified Nursing	16	10 th grade competency	CNA training PLUS Standardized	Credit for CNA certificate	Before hire as CNA-MA	On the job 4 hours every	CNA Training (http://www.maine.gov/education/it/directory/hoes/cna.htm)

Assistant – Medications			Medications Course			year recommended	on/it/directory/hoes/cna.htm
Home Health Aide	16	9 th grade	180-hour CNA training Home Health Aide orientation	Credit for CNA certificate	Before hire as HHA	12 hours every year	CNA Training (http://www.maine.gov/education/it/directory/hoes/cna.htm)