

# REQUEST FOR DIABETES MATERIALS

Please complete this form and return to:  
Diabetes Prevention & Control Program (DPCP)/Maine CDC/DHHS  
286 Water Street, 5<sup>th</sup> floor, 11 SHS  
Augusta, ME 04333-0011  
FAX – (207) 287-7213

*Please note that the DPCP will supply you with up to 50 copies of each material, while supplies last.  
In addition, you must represent a Maine organization or agency to receive materials*

Date \_\_\_\_\_

Organization/Agency \_\_\_\_\_  
(Requesting Materials)

Type of Agency \_\_\_\_\_  
(For Example: Doctors Office-FQHC, DSME Site, HMP, Home Health, Hospital, LTC Center, Non Profit, Other State Program, School)

Name \_\_\_\_\_

Address \_\_\_\_\_

Email Address \_\_\_\_\_ Phone \_\_\_\_\_

Target Audience: \_\_\_\_\_

How do you plan to use the materials?  
\_\_\_\_\_  
\_\_\_\_\_

If this is an Event, please fill in:

Date of Event \_\_\_\_\_ Name of Event \_\_\_\_\_

Location of Event \_\_\_\_\_

Or if Activity, please check the Activity that fits the best:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Exhibited at Conference/meeting  | <input type="checkbox"/> Exhibited at Community Health Fair |   |
| <input type="checkbox"/> Made Presentation                | <input type="checkbox"/> Placed article in Newsletter       | <input type="checkbox"/> Ran a PSA TV/Radio     |
| <input type="checkbox"/> Disseminated to partner networks | <input type="checkbox"/> Waiting Room Displays              | <input type="checkbox"/> 1:1 Diabetes Education |
| <input type="checkbox"/> Other: (specify) _____           |   |   |

## Number Needed

## Small Steps/ Big Rewards - Prevention Materials

\_\_\_\_\_ American Diabetes Association Risk Quiz  
\_\_\_\_\_ Get Real

\_\_\_\_\_ It's Not Too Late to Prevent Diabetes  
\_\_\_\_\_ It's Never Too Early to Prevent Diabetes

## A1c, Blood Pressure, Cholesterol (ABC) Materials

\_\_\_\_\_ ADEF/DSMT Program Description and Sites

\_\_\_\_\_ Control the ABC's of Diabetes

\_\_\_\_\_ Diabetes and High Blood Pressure

\_\_\_\_\_ Diabetes Numbers at-a-Glance Card

\_\_\_\_\_ If You Have Diabetes....Know Your Blood Sugar Numbers!

\_\_\_\_\_ If You Have Diabetes You Are at High Risk for Heart Attack & Stroke

\_\_\_\_\_ Take Care of Your Feet for a Lifetime

\_\_\_\_\_ Take Care of Your Heart Manage Your Diabetes

\_\_\_\_\_ Tips for Helping A Person with Diabetes

\_\_\_\_\_ Tips to Help You Feel Better and Stay Healthy

\_\_\_\_\_ You Are the Heart of Your Family...Take  
Care of It