

Home Visiting

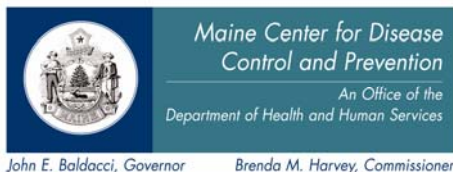
Maine Center for Disease Control and Prevention
Maine Department of Health and Human Services

Population Served

- ❑ First-time families with children prenatal to five years of age.
- ❑ Universal to all families with children, open enrollment.
- ❑ Voluntary, no-cost participation.

Service Delivery

- ❑ Model is strength-based and culturally competent.
- ❑ Visits are family centered and individualized, with the family's input, to support and achieve each family's goals.
- ❑ Home visitors focus on the use of child development and attachment as a framework for supporting and promoting healthy family functioning.



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Program Goals

- ❑ Optimal health, development and well being for mothers, fathers, families, pregnant women, infants and children
- ❑ All Maine youth are healthy, safe, and respected

Program Activities

- ❑ ContractING with 14 home visiting agencies so that all first-time families in Maine receive parent education and support by highly qualified home visitors.
- ❑ Home visitors work with families to:
 - Foster optimal physical and emotional health and well-being for parents and their children.
 - Enhance family functioning by building trusting relationships, teaching problem-solving skills and improving the family's support systems.
 - Assist parents in the development of advocacy skills both for themselves and their children.
 - Support parents as their child's first and most important teachers.
 - Strengthen bonding and attachment process between parents and infants.

Home visitors work to create a trusting and empathic relationship with the parents to support them with information and linkages to community resources when appropriate, such as:

- ❑ Connection to community.
- ❑ Effective relationship with a medical home.
- ❑ Referrals to mental health providers as appropriate.

Program Evaluation

- ❑ 18,276 home visits were completed by programs during fiscal year 2006; a 5% increase in services from 2005
- ❑ 99% of enrolled children were up-to-date on their well-child checkups
- ❑ 97% of enrolled children were up-to-date on immunizations at age two (compared to the median coverage of 78% in Maine for two year old children)
- ❑ 97% of enrolled children had health insurance
- ❑ Enrolled families had higher rates of breastfeeding at one year than Maine and national percentages
- ❑ 89% of parents report their knowledge about caring for their baby/child increased moderately to greatly because of their home visit participation.

Funding Source:

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Budget: \$4,988,626 (FY 2007)

Staff Count: 1