



*Adults with Cognitive and  
Physical Disabilities Services*

*An Office of the  
Department of Health and Human Services*

*John E. Baldacci, Governor*

*Brenda M. Harvey, Commissioner*

Filing a Grievance is something you can do if you are not getting what you think you should or you don't agree with what you are getting from Developmental Services or your other providers.

A Grievance is a way to decide who is right when there is disagreement over services and other types of help which are provided by Developmental Services.

The rules for Grievance can be found on the website at  
[www.maine.gov/dhhs/OACPDS/DS/policy.html](http://www.maine.gov/dhhs/OACPDS/DS/policy.html)

If you want to talk to someone about a Grievance, call the advocate at your regional office number on the back of this notice.



Developmental Services

Office of Advocacy  
Numbers

Region 1 (Cumberland, York)  
(207) -822-0270  
1-800-269-5208  
TTY- 1-888-254-0311

Region 2A (Kennebec, Somerset)  
(207)-287-7189  
1-800-232-0944  
TTY-1-800-606-0215

Region 2L (Androscoggin, Franklin, Oxford)  
(207)-795-4300  
1-800-482-7517  
TTY-1-800-606-0215

Region 2R (Knox, Lincoln, Sagadahoc,  
Waldo)  
(207) 596-4302  
1-800-704-8999  
TTY-1-800-606-0215

Region 3B (Hancock, Penobscot,  
Piscataquis,  
Washington)  
(207)-941-4360  
1-800-963-9491  
TTY-1-800-606-0215

Region 3C (Aroostook)  
(207)-493-4000  
1-800-432-7366  
TTY-1-800-606-0215

You may also call the Disability Rights  
Center of Maine for Help.  
(207)-626-2774 (Voice & TDD)