

FAST FACTS



Enroll Now!

For employees and ancillary employees of the State of Maine

The Prudential Insurance Company of America
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Prudential Long Term CareSM Insurance

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Long-term care is the help or supervision provided for someone with severe cognitive impairment or the inability to perform the activities of daily living: bathing, dressing, eating, toileting, transferring, and continence. Services may be provided at home or in a facility—and care may be provided by a professional or informal caregiver, such as a friend or family member.

Why do I need long-term care insurance? Your odds of needing long-term care services may be greater than you think. More than 2 in 5 persons over the age of 65 will require nursing home care at some time in their lives.¹ A spinal cord injury, stroke, Parkinson's disease or Alzheimer's disease could leave you in need of long-term care services.

How expensive is long-term care? It can cost a national average of \$79,000 a year for nursing home care alone.² Long-term care insurance can help offset this cost. When people suddenly find themselves the primary caregiver for a loved one, the responsibility could result in a huge financial and emotional burden.

Isn't care covered by other insurance? Disability income insurance provides no benefits for the services covered by long-term care insurance—while Medicaid, Medi-Cal* and Medicare have limitations.

*Name of Medicaid program in California

Why should I get coverage now? Your employer has made it possible for you to buy this valuable, portable coverage at group rates. If you are an actively-at-work eligible employee and you enroll during the open enrollment period, you will be guaranteed acceptance into the plan without providing any medical history.

Am I too young for long-term care insurance coverage? It's never too early to purchase coverage. You may be surprised to learn that 40% of long-term care insurance benefit recipients are under the age of 65.³ And the younger you are when you first purchase long-term care insurance, generally the lower your premium for the life of your plan, regardless of your age or health status in later years.⁴

Can I get coverage for other family members, too? You can also extend coverage to qualified family members (such as a spouse, parent, or grandparent). They will need to provide evidence of good health satisfactory to Prudential.



Eligibility	Actively-at-work, full-time and part-time employees who normally work 20 or more hours per week, their spouses, domestic partners, retirees, retirees spouse, surviving spouse, parents, parents-in-law, grandparents, grandparents-in-law, children age 18 and older and their spouses are eligible.		
Coverage Amounts	Nursing Home Care Daily Benefit*	Home & Community-Based Care & Assisted Living/Residential Care Facility Daily Benefit*	Lifetime Maximum**
Plan 1	\$100	\$60	\$109,500
Plan 2	\$150	\$90	\$164,250
Plan 3	\$200	\$120	\$219,000
Plan 4	\$250	\$150	\$273,750
Plan 5	\$300	\$180	\$328,500
Plan 6	\$100	\$60	\$182,500
Plan 7	\$150	\$90	\$273,750
Plan 8	\$200	\$120	\$365,000
Plan 9	\$250	\$150	\$456,250
Plan 10	\$300	\$180	\$547,500
	Plans 1–5 are based on a 3-year Lifetime Maximum. Plans 6–10 are based on a 5-year Lifetime Maximum. *Benefits are paid up to the Daily Maximum. **All benefits paid will be deducted from the Lifetime Maximum.		
Benefit Eligibility	Individuals will receive benefits if a Licensed Health Care Practitioner has assessed and confirmed that the insured is unable to perform, without substantial assistance, two out of the six activities of daily living (ADLs)—bathing, dressing, eating, toileting, transferring, or continence—for at least 90 days; or the insured has had a severe cognitive impairment (loss or deterioration in intellectual capacity) that requires ongoing help or supervision. A Licensed Health Care Practitioner must then develop a Plan of Care, consistent with the certification. The Plan of Care will be used to determine benefits based on the plan option chosen.		
Elimination Period	One time, 90-day period.		
Periodic Inflation Protection	Every three years individuals will be offered the opportunity to increase their coverage. This periodic inflation offer will be extended without the submission of any additional health information, provided the insured has not declined the previous two consecutive inflation offers.		
Marriage Discount	Rates for married persons are discounted 10%.		
Restoration of Benefits	If a claimant returns to normal activities (no ADL assistance or cognitive impairment) for a period of at least 6 consecutive months, Prudential restores the Lifetime Maximum to the level in effect prior to claim.		
Cash Alternative	This feature provides you with an option to address your long-term care needs in any manner you choose. It provides a monthly fixed benefit in lieu of reimbursement for eligible charges for Home Care/Home & Community-Based Care. The benefit is equal to 50% of the Daily Maximum for Home Care/Home & Community-Based Care. The Cash Alternative benefit will reduce the Lifetime Maximum benefit and is subject to the Elimination Period.		
Additional Benefits	Bed Reservation, Hospice Care, Respite Care, Independence Support, Caregiver Training, Information and Referral Services, Private Care Management, International Benefit, and Alternate Plan of Care.		
Optional Features	Automatic Compound 5% Inflation Protection Option, Non-Forfeiture Shortened Benefit Period Option.		
Payment Method	Choose from convenient EFT payments, or direct billing. (Discounts are available for direct billing.)		
Waiver of Premium	After benefit eligibility criteria are met and any applicable Elimination Period is satisfied, premiums will be waived.		
Portability	If you change jobs or retire, you can take your coverage with you.		
Contact (for more information, employee enrollment, or to download enrollment forms)	Visit www.prudential.com/gltcweb (Group Name: mainelctc Access Code: pinecone) OR Call 1-800-732-0416 Mon. – Fri., 8 a.m. to 8 p.m. (ET)		

Monthly Long-Term Care Insurance Premium Rates

Daily Benefit	Plan 1	Plan 2	Plan 3	Plan 4	Plan 5	Plan 6	Plan 7	Plan 8	Plan 9	Plan 10
Maximum	\$100	\$150	\$200	\$250	\$300	\$100	\$150	\$200	\$250	\$300
Age										
18-30	7.47	11.21	14.94	18.68	22.41	8.88	13.32	17.76	22.20	26.64
31	7.87	11.81	15.74	19.68	23.61	9.34	14.01	18.68	23.35	28.02
32	8.26	12.39	16.52	20.65	24.78	9.81	14.72	19.62	24.53	29.43
33	8.66	12.99	17.32	21.65	25.98	10.28	15.42	20.56	25.70	30.84
34	9.15	13.73	18.30	22.88	27.45	10.86	16.29	21.72	27.15	32.58
35	9.63	14.45	19.26	24.08	28.89	11.44	17.16	22.88	28.60	34.32
36	10.05	15.08	20.10	25.13	30.15	11.93	17.90	23.86	29.83	35.79
37	10.63	15.95	21.26	26.58	31.89	12.62	18.93	25.24	31.55	37.86
38	11.14	16.71	22.28	27.85	33.42	13.22	19.83	26.44	33.05	39.66
39	11.72	17.58	23.44	29.30	35.16	13.92	20.88	27.84	34.80	41.76
40	12.30	18.45	24.60	30.75	36.90	14.61	21.92	29.22	36.53	43.83
41	13.01	19.52	26.02	32.53	39.03	15.45	23.18	30.90	38.63	46.35
42	13.78	20.67	27.56	34.45	41.34	16.37	24.56	32.74	40.93	49.11
43	14.57	21.86	29.14	36.43	43.71	17.31	25.97	34.62	43.28	51.93
44	15.38	23.07	30.76	38.45	46.14	18.26	27.39	36.52	45.65	54.78
45	16.26	24.39	32.52	40.65	48.78	19.31	28.97	38.62	48.28	57.93
46	17.24	25.86	34.48	43.10	51.72	20.47	30.71	40.94	51.18	61.41
47	18.23	27.35	36.46	45.58	54.69	21.65	32.48	43.30	54.13	64.95
48	19.32	28.98	38.64	48.30	57.96	22.95	34.43	45.90	57.38	68.85
49	20.41	30.62	40.82	51.03	61.23	24.24	36.36	48.48	60.60	72.72
50	21.60	32.40	43.20	54.00	64.80	25.65	38.48	51.30	64.13	76.95
51	23.27	34.91	46.54	58.18	69.81	27.63	41.45	55.26	69.08	82.89
52	25.11	37.67	50.22	62.78	75.33	29.82	44.73	59.64	74.55	89.46
53	27.06	40.59	54.12	67.65	81.18	32.14	48.21	64.28	80.35	96.42
54	29.20	43.80	58.40	73.00	87.60	34.68	52.02	69.36	86.70	104.04
55	31.47	47.21	62.94	78.68	94.41	37.38	56.07	74.76	93.45	112.14
56	33.91	50.87	67.82	84.78	101.73	40.28	60.42	80.56	100.70	120.84
57	36.62	54.93	73.24	91.55	109.86	43.49	65.24	86.98	108.73	130.47
58	39.45	59.18	78.90	98.63	118.35	46.85	70.28	93.70	117.13	140.55
59	42.57	63.86	85.14	106.43	127.71	50.56	75.84	101.12	126.40	151.68
60	45.88	68.82	91.76	114.70	137.64	54.48	81.72	108.96	136.20	163.44
61	49.73	74.60	99.46	124.33	149.19	59.05	88.58	118.10	147.63	177.15
62	53.88	80.82	107.76	134.70	161.64	63.98	95.97	127.96	159.95	191.94
63	57.33	86.00	114.66	143.33	171.99	68.08	102.12	136.16	170.20	204.24
64	61.16	91.74	122.32	152.90	183.48	72.63	108.95	145.26	181.58	217.89
65	68.62	102.93	137.24	171.55	205.86	81.49	122.24	162.98	203.73	244.47
66	74.40	111.60	148.80	186.00	223.20	88.36	132.54	176.72	220.90	265.08
67	80.66	120.99	161.32	201.65	241.98	95.78	143.67	191.56	239.45	287.34
68	87.47	131.21	174.94	218.68	262.41	103.88	155.82	207.76	259.70	311.64
69	94.80	142.20	189.60	237.00	284.40	112.57	168.86	225.14	281.43	337.71
70	102.78	154.17	205.56	256.95	308.34	122.05	183.08	244.10	305.13	366.15
71	114.01	171.02	228.02	285.03	342.03	135.39	203.09	270.78	338.48	406.17
72	126.31	189.47	252.62	315.78	378.93	150.00	225.00	300.00	375.00	450.00
73	140.02	210.03	280.04	350.05	420.06	166.27	249.41	332.54	415.68	498.81
74	155.25	232.88	310.50	388.13	465.75	184.36	276.54	368.72	460.90	553.08
75	179.26	268.89	358.52	448.15	537.78	212.88	319.32	425.76	532.20	638.64
76	199.02	298.53	398.04	497.55	597.06	236.34	354.51	472.68	590.85	709.02
77	221.01	331.52	442.02	552.53	663.03	262.45	393.68	524.90	656.13	787.35
78	245.36	368.04	490.72	613.40	736.08	291.37	437.06	582.74	728.43	874.11
79	272.45	408.68	544.90	681.13	817.35	323.55	485.33	647.10	808.88	970.65
80	302.46	453.69	604.92	756.15	907.38	359.18	538.77	718.36	897.95	1,077.54
81	325.68	488.52	651.36	814.20	977.04	386.76	580.14	773.52	966.90	1,160.28
82	350.62	525.93	701.24	876.55	1,051.86	416.37	624.56	832.74	1,040.93	1,249.11
83	377.42	566.13	754.84	943.55	1,132.26	448.20	672.30	896.40	1,120.50	1,344.60
84	406.43	609.65	812.86	1,016.08	1,219.29	482.65	723.98	965.30	1,206.63	1,447.95

For rate information on optional feature, please visit the Rate Quote Calculator at www.prudential.com/gltcweb (Group Name: maineltc Access Code: pinecone).

Prudential has the right to change premium rates in the future, but only on a class basis.

Plan Exclusions:⁴

Plan exclusions may vary by state. Benefits will not be payable if any of the following situations apply:

Work-Connected Conditions Charge: A charge covered by a workers' compensation law, occupational disease law, or similar law.

Government Plan Charge: A charge for a service or supply (a) furnished by or for the United States government or any other government, unless payment of the charge is required by law; or (b) to the extent that the service or supply, or any benefit for the charge, is provided by any law or governmental plan under which the patient is or could be covered. This (b) does not apply to a state plan under Medicaid or to any law or plan when, by law, its benefits are excess to those of any private insurance program or other non-governmental program. When this (b) is applied to Medicare, the benefits provided by Medicare will be deemed to include any amount that would have been payable by Medicare in the absence of a deductible or coinsurance requirement under that program.

Self-Inflicted Injury or Suicide: Charges arising from intentionally self-inflicted injury or attempted suicide, while sane or suffering from inorganic-based insanity.

Services and Supplies Outside the United States: Charges for services or supplies outside the United States except as described in the International Coverage benefit.

Treatment for Chronic Alcoholism or Chemical Dependency: Charges in connection with the treatment of chronic alcoholism or chemical dependency.

War, Felony, Riot, or Insurrection: Charges for a condition due to war or any act of war while you are insured or due to the insured's participation in an act of felony, riot, or insurrection. War means declared or undeclared war and includes resistance to armed aggression. Riot means a wild, violent, public disturbance of the peace.

1 "Long Term Care Insurance: Who Really Needs It?," *Journal of Financial Planning*, Sept. 2004. 2 Long-Term Care Facility Costs—A Nationwide Quantitative Evaluation of U.S. Facilities, March 2008. Prudential Financial Global Market Research. <http://www.prudential.com/insurance/longtermcare> 3 Prudential reserves the right to change premium rates in the future, but only on a class basis. 4 Plan exclusions based on charges for services or supplies do not apply to benefits paid under the Cash Benefit Rider.

Prudential Long Term CareSM Insurance is issued by **The Prudential Insurance Company of America**, 751 Broad Street, Newark, NJ 07102. 877-237-5820. This coverage contains benefits, exclusions, limitations, eligibility requirements and specific terms and provisions under which the insurance coverage may be continued in force or discontinued. The Prudential Insurance Company of America is authorized to conduct business in all U.S. states and the District of Columbia. All insurance policies/options may not be available in your state. Coverage is issued under contract series 83500.

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