



QUARTERLY

The QA Quarterly is a publication written and produced by the Maine Department of Corrections, Division of Quality Assurance and Professional Practices. Its purpose is to inform the reader of interesting facts, statistics, and quality improvement efforts going on all around the Maine Department of Corrections.

DJS & Evidence Based Program (EBP) Interventions

For more than a decade, the Maine Department of Corrections, Division of Juvenile Services (DJS) has partnered with two EBPs, Multi-Systemic Therapy (MST) and Functional Family Therapy (FFT).

The use of these two EBPs, combined with increased staff skills and abilities has been part of a recipe that has led to reduced caseload sizes in the field as well as a decrease of youth in our facilities. DJS was responsible for bringing these EBPs to Maine, and continues to be a champion of keeping them here. Outside of the DJS system, the referral base has spread to schools, DHHS case workers, and other systems of care case workers. Families can also self refer for services.

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Multi-Systemic Therapy (MST)

An intensive family, community-based treatment program that focuses on addressing all environmental systems that impact chronic and sometimes violent juvenile offenders, their homes and families, schools and teachers, neighborhoods and friends. MST is provided by four vendors and services are available in most locations across the state of Maine.

Functional Family Therapy (FFT)

FFT's treatment strategy is built on a foundation of respect of individuals, families and cultures, and includes powerful treatment strategies that pave the way for motivating individuals and families to become more adaptive and successful in their own lives. FFT is provided by two contracted vendors and services are provide in several counties.

High bar set for measuring recidivism rates!

Recidivism on FFT & MST programs is defined as a youth having any new charges post discharge from the program, whether or not adjudicated of those charges. The recidivism stats below are only measured on moderate to high risk DOC involved youth who have successfully completed the full program. About 50% of youth who are served by these programs enter by another means of referral so they are not included here. If those youth were included, it would likely significantly lower the rates below, since they avoided referral to DJS.

- Average FFT recidivism rate, measured at 1 year post discharge is 36.6%
- Average MST recidivism rate, measured at 1 year post discharge is 35.6%

In the last 5 years...

- 768 youth and families have been served by MST
- 77% of youth and families served completed MST
- 514 youth and families have been served by FFT
- 62% of youth and families served completed FFT

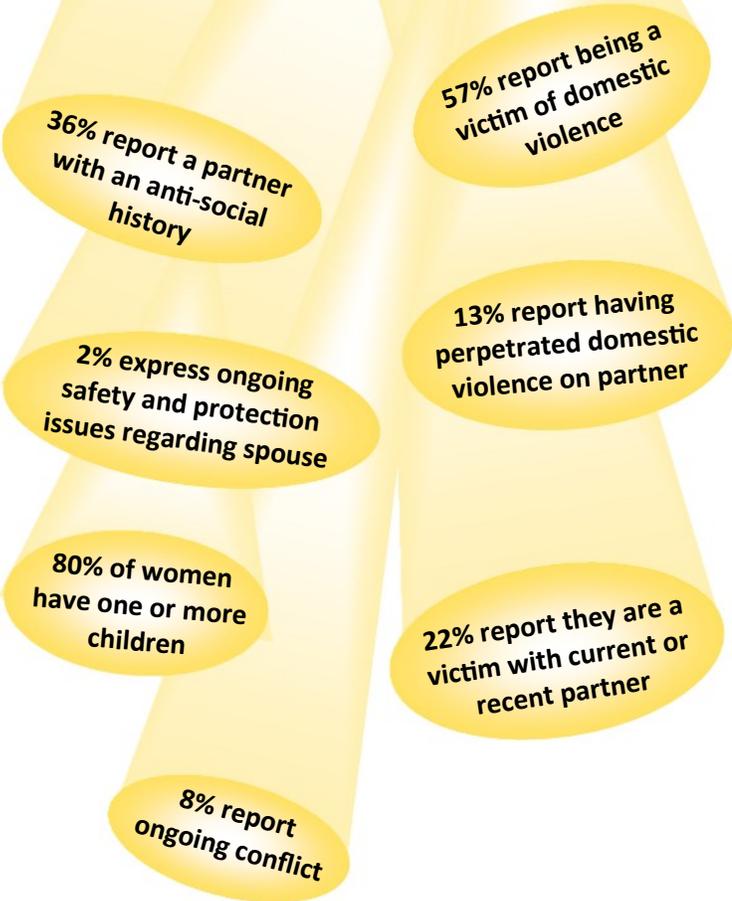
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Spotlight on Domestic Violence

Spin-W Data Revelations on Domestic Violence

The Service Planning Instrument for Women (Spin-W) is a gender-responsive assessment and case planning tool utilized by the MDOC for all female offenders. The Spin-W contains approximately one hundred items that assess risk, needs, and protective factors that are also relevant for increasing responsiveness in case planning. It covers family and children, social network, substance abuse, vocational/employment, attitudes, social/cognitive skills, mental health, violence, and community living.

QA recently looked at 364 Spin-W assessments completed on women entering the Maine Correctional Center. Spotlighted here are some stats with a focus on domestic violence issues.



Maine Certified Batterer Intervention Programs (BIPs)

When crimes of domestic violence are committed, part of the offenders rehabilitation is to attend a certified BIP. These programs run throughout the year across the state. Facilitators must be trained and receive certification recognized by Department of Corrections, Division of Victim Services and Maine Commission on Domestic and Sexual Abuse.

Division of Quality Assurance attends every class at least once annually to make sure guidelines and standards for classes are being adhered to.



- Currently, there are 12 certified men's BIPs
- 20 separate locations statewide
- 649 men enrolled in 2014, with 215 completing program
- 6 female gender specific BIPs
- 60 females were enrolled in 2014, with 20 completing
- Programs run a minimum of 48 weeks

Domestic violence is a significant factor in approximately 50% of the homicides committed in Maine

For more information on Domestic Violence and Batterer's Intervention Programs in Maine, visit the Department of Corrections, Division of Victim Services webpage at www.maine.gov/corrections/VictimServices/index.htm