STATE EMPLOYEE HEALTH COMMISSION MEETING

**Thursday, January 10, 2019 @ 8:30am**

**Central Maine Commerce Center, Augusta**

Commission members in attendance: Diane Bailey, Lois Baxter, Kurt Caswell, Cecile Champagne-Thompson Laurie Doucette, Sandra Doyon, Darcey Emery, Jonathan French, Becky Greene, Terry James, Kelly John (via phone), Peter Marcellino, Carrie Margrave, Mara McGowen, Karen O’Connor, Robert Omiecinski, Wanita Page, Will Towers, Kim Vigue

(total = 19)

Commission members absent: Derek Chase, Eric Cioppa, Amy MacMillan, Lew Miller, Holly Pomelow

Vacant seat(s): None

Others present: Joanne Rawlings-Sekunda – Maine Bureau of Insurance (Eric Cioppa’s designee); Roberta Leonard, Heather Albert, Shonna Poulin-Gutierrez – Employee Health & Benefits; Joseph Bataguas, Sabrina DeGuzman-Simmons, Sue Guerette – Aetna; Burr Duryee, Lianna DellaTorre – USI; Lisa Lagios, Jean Wood, Bill Whitmore - Anthem Blue Cross and Blue Shield; Peter Hayes, Alan Parks, Trevor Putnoky – Healthcare Purchaser Alliance of Maine; Laura Roberts – Sun Life, Jodi Collins, Mike Sisk – Cross Benefit Solutions. Max Knutsen - Maine Health, Ben Gardiner, Mah-j Soobader, Janna Lacatell – Archway Health

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| Agenda Item | Discussion | Action/Next Steps |
| **I. Call Meeting to Order (8:34 am)** | Wanita Page called the meeting to order. |  |
| **II. Introductions** |  |  |
| **III. Review & Approval of Minutes** (November 8, 2018) |  | Lois Baxter made motion to accept the minutes; Peter Marcellino seconded; no abstentions. Motion passed.  |
| **IVa. UPDATES-MONTHLY** |
| a.i. State of Maine Health Plan (medical update)*Anthem Blue Cross & Blue Shield - Lisa Lagios* | Information contained in written report; highlights and discussion noted below:* Executive Summary (12/1/17-11/30/18): Rolling medical claims $160M and total PMPM $491. Medical plan expenditures $10M for the month of November being a little low due to claims hold; should see a bump in December.
* High Cost Claimants (over $50k): Paid over $71M; 605 members (167 retiree members). Consistent with BOB High cost claim over $2M. Digestive Complications added.
* Paid Claims Distribution: 3,286 members have not filed a medical claim. 50% of members have claims less than $1,000. 1% of population is contributing to 30% of claims cost
* Top Ten Facilities: Very Consistent from prior months. New on list: Aroostook Medical
* Emergency Room (rolling 12 months): $9.2M in E/R charges or 5.8% of total medical. There were 5,460 E/R visits of which 502 were admitted. 51% potentially avoidable (low intensity). Very consistent Month to Month.
* Targeted Health Conditions: Maine higher than BoB. Cancer, coronary heart disease, depression and diabetes are higher in the Northeast.
* Care Management Engagement Summary: 13.4% of membership identified, 18% of those engaged, 61% engagement success. 56% could not be reached due to cell phone issue.
* Lifestyle Conditions: Claims attributed to specific lifestyle account for 23.1% of total dollars spent. Osteoarthritis except Low Back represents the primary lifestyle related condition.
* Preventive Screenings: 18% above the bench mark for adult men. 16% above the bench for adolescents. Cancer screenings. Birth to age 15 looks low, because Mainers must be on the plan for a 12 month period to capture data. Cervical cancer al little lower BOB.
 | Jean Wood will be looking into getting data for “never events” through possible quality reporting. **This item remains pending from the October 2018 meeting.**Bill Whitmore suggested they (Anthem) run this risk formula among their BOB. Kurt Caswell requested a risk score on the targeted health conditions; Lisa Lagios willprovide. **This item remains pending from****the June 2018 meeting.**Bill Whitmore states this is a Mathematical formula specific numbers associated with the risk scores. Lisa Lagios will provide more information on if texting members can be an option in the future. **This item is outstanding from the November 2018 meeting.**Lisa Lagios will look into the referral options that the nurse line is giving to members. **This item is outstanding from the November 2018 meeting.** |
| a.ii. Medicare Advantage Plan*Aetna –* Sabrina DeGuzman-Simmons | Information contained in written report; highlights and discussion noted below:Call Summary: Up slightly from last month, consistent from last year. Executive Summary - Medical: January 2017 to November 2018 data comparison. Jump of 10% age bracket. Membership has increased 2.4% consistent. Medical pharmacy has decreased 1.4%. Total office visits going down. Would like to see them go up. High Cost Claimants Over $75k: 8 of last 10 rendered in the last quarter. Cardiac came down, under $50,000.Top 10 Diseases by Paid Amount: Consistent, low back pain added.Medical Cost Category: Consistent**.** Top 10 Providers:Consistent, Aroostook Medical Center addedPart D (Pharmacy) Executive Summary: Comparison of November 2017- October 2018. 2,024 members paying copay. Specialty scripts increased. Top 20 Drug Report: Reflects claims through October 2018Health Risk assessment: Consistent.Remarkable participation 36% with an acceptance rate of 52%. First outreach health home visit Care Management: Identification rate 50% above BOB. Engagement rate a little below. 3,709 members engaged with a nurse.Member News: Annual Notice of Change/Evidence of Coverage mailed out in late November. Teladoc mailer to notify members how to register – should be able to track data going forward. Breast Health Ethnic Disparity Initiative (BHEDI) targeting mailings.  | Joe Bataguas and Sabrina Simmons will provide more information regarding the increase in pharmacy at the October meeting. **This item is outstanding from the September 2018 meeting.**Sabrina Simmons to provide additional information regarding the high-cost claimants. **This item is outstanding from the August 2018 meeting.** Sabrina Simmons will provide a break-down of locations of Healthy Home Visits. **This item is outstanding from the August 2018 meeting.** Cannot narrow down to SOM retires at large, can get data specific to Maine, working to retrieve this data.Joe Bataguas stated will look in to offering a survey to members post Health risk assessment. **This item is outstanding from the November 2018 meeting.**Sabrina Simmons will look in to why office visits are decreasing. **January 2019** |
| a.iii. Plan Experience Summary (active health & dental)*USI - Burr Duryee* | Burr Duryee handed out the standard monthly reports: Policy Period Monthly Claims Report – Medical/Rx/Behavioral, Enrollment, Fixed Costs & Expected Claim Calculation and two dental Policy Period Monthly Claims Reports (current period and year end). Discussion highlights below:* Medical Budget to actual (policy period): 92.4% (no rebates reflected yet – received on Jan 2) Pharmacy increased to 7.2M. Significate drop on EE count participants
* Recap of FY18: Still being provided for reference.
* Medical Enrollment (policy period): Membership increased some, upwards over all.
* Dental: Current loss ratio 106.6% for policy period. Higher end. Will have some recommendations for the Plan design committee regarding Dental
* No rebate or large claims as of this calendar year.
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| a.iv. Executive Summary*Employee Health & Benefits – Kurt Caswell* | The Executive Summary report was provided to the Commission via e-mail prior to the meeting. Discussion highlights below: * Appeals – One request received to be seen in front of the Commission. Will take place at the February Commission.
* Communications – A second mailer went out to age 65+ retirees on the active plan regarding the transition to the Medicare Advantage Plan. Johnathan French asked for an update on the number of members transitioned into the Medicare Advantage plan. Kurt Caswell responded over 40 members have transferred. Will see an increase after 7-1-19. Retirees are signing up during January – March 2019 at Social Security.
* Wanita Page asked why there have not been any Wellness Committee meetings. Programs that we implemented were discussed last year in the plan design. Shonna Poulin-Gutierrez - will send out a full calendar of Wellness Committee meetings for 2019– low attendance has been a factor in the past. Doodle poll to come.
* Shonna Poulin-Gutierrez gave an update on Naturally Slim – has been a great success. Would like to see this expand in the future to accommodate demand.
* Kurt Caswell provided with the Executive Summary a copy of Plan Design Committee ideas of considered changes and what is still being research.
 | Wanita Page requested the HOW cost be added to December’s Executive Summary. Kurt Caswell will add. **This item is outstanding from the November 2018 meeting.** Kurt Caswell will add HOW information to the Executive Summary.Johnathan French asked if the How program is driving up the cost of the Dental plan. Wanita Page requesting to have this information for Plan Design – if changes take place may want to change this service rather than the plan. Burr Duryee responded they do not have that information, but will look in to. **January 2019**  |
| **IVb. UPDATES – BIANNUAL** |
| b.i. Dental Plan*Northeast Delta Dental – Marie Bridges**(Provided in March & September)* | Formal report not due this month.  | Marie Bridges will send the Dental Action Report to Kurt. **This item is outstanding from the September 2018 meeting.** |
| b.ii. Living Resources Program – *ComPsych – Jim O’Connor**(Provided in April & October)* | Formal report not due this month.  |  |
| b.iii. State of Maine Health Plan *Express Scripts, Inc. - Sue Wolf**(Provided in March & August)* | Formal report not due this month.  |  |
| *IVc. UPDATES – ANNUAL* |
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| c.i. WellStarME *Medical Care Development – Erica Brown**(Provided in August)* | Formal report not due this month. |  |
| c.ii. Expert Medical Opinion*Grand Rounds – Kerryanne Shuler**(Provided in September)* | Formal report not due this month. | Kerryanne Shuler will ask her analytics team to provide more info/details regarding the savings methodology. **This item is outstanding from the October 2018 meeting.** |
|  | ***V. Other Business*** |  |
| *V. Other Business* | * Joanne Rawlings-Sekunda asked about the article in the Bangor Daily News regarding Northern Lights. Jean Wood responded this is not new. Anthem has reach out to them, but there is no signed contract at this time.
 | Diane Bailey asked Anthem why there are not enough vision providers. Lisa Lagios responded Anthem is constantly recruiting new providers in the plan. Lisa Lagios will reach out for a list. **This item is outstanding from the November 2018 meeting.** |
| Vi. Archway Health Presentation Presented by:Ben Gardiner, Mah-j Soobader, Janna Lacatell | * Overview – 100% focused on specialty care cost and quality transparency. Dedicated team focused on value-based payment programs with trusted partners to obtain real results. Founded in 2014, headquarters in Boston Massachusetts and New York.
* Archway Prime – Optimizes existing networks through identification and collaboration with high-value specialists resulting in improved cost and quality without requiring any new contracts or restrictive networks.
* Specialty Care represents over 70% of healthcare spending. Archway networks to drive patients to High-Quality, Low-Cost Providers.
* Value based care - Specialist across the country improve their clinical process by bringing data to Archway, then Archway develops a care plan on where the patients should be going to receive the highest quality care with the lowest cost.
* Archway believes to be improving care over with 10,000 hours of experience.
* Archway works with the members from surgery to back home, staying with the member if needed depending on the episode.
* By identifying High Value Specialist – there is a about a 10% savings on average.
* Belief System – Finding the right Specialist and connecting them with the member.
* High value specialist – Specialist that are data driven become motivated to improve quality of care.
* Carrie Margrave – Can Archway provide us research on data and how long would it take to receive this data. Ben Gardiner depending on population, a few months.
* Ben Gardiner shared a personal story.
* Johnathan French asked– how often do you reevaluate – Ben Gardiner responded constantly.
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| VI. Meeting Recap | Kurt Caswell provided the meeting recap:* The January meeting only reviewed standing agenda items; recap not necessary.
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| VII. Adjourn Meeting (10:15am) |  | Lois Baxter made motion to adjourn the meeting; Will Towers seconded; no abstentions. Motion passed. |

*2019 meeting schedule available at* [www.maine.gov/bhr/oeh](http://www.maine.gov/bhr/oeh)