STATE EMPLOYEE HEALTH COMMISSION MEETING

**Thursday, November 08, 2018 @ 8:30am**

**Central Maine Commerce Center, Augusta**

Commission members in attendance: Diane Bailey, Lois Baxter (via phone), Kurt Caswell, Cecile Champagne-Thompson (via phone), Laurie Doucette, Sandra Doyon, Jonathan French, Terry James, Peter Marcellino, Carrie Margrave, Mara McGowen, Karen O’Connor, Robert Omiecinski, Wanita Page, Will Towers, Kim Vigue (via phone)

(total = 16)

Commission members absent: Darcey Emery, Derek Chase, Eric Cioppa, Becky Greene, Kelly John, Amy MacMillan, Lew Miller, Holly Pomelow,

Vacant seat(s): None

Others present: Joanne Rawlings-Sekunda – Maine Bureau of Insurance (Eric Cioppa’s designee); Roberta Leonard, Heather Albert, Shonna Poulin-Gutierrez – Employee Health & Benefits; Joseph Bataguas, Louise McCleery – Aetna; Burr Duryee, Lianna DellaTorre – USI; Lisa Lagios, Jean Wood, – Anthem Blue Cross and Blue Shield; Max Knutsen - Maine Health; Peter Hayes, Trevor Putnoky – Healthcare Purchaser Alliance of Maine; Laura Roberts – Sun Life, Jodi Collins, Mike Siser – Cross Benefit Solutions

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| Agenda Item | Discussion | Action/Next Steps |
| **I. Call Meeting to Order (8:34am)** | Wanita Page called the meeting to order. |  |
| **II. Introductions** |  |  |
| **III. Review & Approval of Minutes** (October 11, 2018) |  | Robert Omiecinski made motion to accept the minutes; Laurie Doucette seconded; no abstentions. Motion passed.  |
| **IVa. UPDATES-MONTHLY** |
| a.i. State of Maine Health Plan (medical update)*Anthem Blue Cross & Blue Shield - Lisa Lagios* | Information contained in written report; highlights and discussion noted below:* Executive Summary (10/1/17-9/30/18): Rolling PMPM $437. active and $963. retiree; rolling claims $163M and total PMPM $500. 12M for the month of September being a little high, consistent with Sept 2017.
* High Cost Claimants (over $50k): Paid over $72M; 610 members (164 retiree members). Consistent with BOB High cost claim over 2M. Aftercare (Throat Cancer) and Chronic Kidney disease/Sepsis added. Throat cancer and lung cancer no longer active on the plan.
* Paid Claims Distribution: 3,341 members have not filed a medical claim. 50% of members have claims less than $1,000. Very consistent.
* Top Ten Facilities: Very Consistent
* Emergency Room (rolling 12 months): $9.4M in E/R charges or 6% of total medical. There were 5,690 E/R visits of which 552 were admitted. 51% potentially avoidable (low intensity).
* Targeted Health Conditions: Maine higher than BoB. Cancer, depression, diabetes, and coronary heart disease are higher in the Northeast.
* Engagement Summary: 14% of membership identified, 18% of those engaged, 61% engagement success. 52% could not be reached due to cell phone issue. Wanita Page asked to if texting is an option to reach out to members.
* Lifestyle Conditions: Claims attributed to specific lifestyle account for 22.8% of total dollars spent. Also included mammograms, pap test & colonoscopies.
* Preventive Screenings: 19% above the bench mark for adult men. 18% above the bench for adolescence. Cancer screenings.
* LiveHealth online 9 members utilized, need more communication. 389 members used the nurse line. Excellent
* Wanita Page asked if a member used the nurse line, would they refer to Live Health on line.
 | Lisa Lagios will research claims resulting from hospital infections. Typically, “never events” are not paid for. (September meeting) Wanita Page asked about this issue. Lisa Lagios responded Anthem does not pay for “never events”. Jean Wood confirmed claims for Hospital acquired infections are not billed.Jean Wood will look into getting data for “never events” through possible quality reporting. (October meeting)Bill Whitmore suggested they (Anthem) run this risk formula among their BOB. Kurt Caswell requested a risk score on the targeted health conditions; Lisa will provide that. **This item remains pending from the June 2018 meeting.**Lisa Lagios will research cancer PMPM in response to Eric Cioppa’s question from the **July 2018 meeting**. *August response: Only preliminary findings available. Looking at regional pricing (north vs. south), age of population, site of care for infusion (out-patient vs. in-patient), facility mix, cost for biologicals, types of cancer, comparing SOM population to BoB, specialist spend. Breast, prostate & colorectal are top for State Plan; will compare to BoB. Also looking at breast reconstructive surgery. Noted prevalence is lower however PMPM is higher. Will provide more detail for future meeting.* Lisa Lagios will provide more information on if texting members can be an option in the future. (November)Lisa Lagios will look into the referral options that the nurse line is giving to members.  |
| a.ii. Medicare Advantage Plan*Aetna –* Joe Bataguas | Information contained in written report; highlights and discussion noted below:Call Summary: Up slightly from last month, consistent from last year.Executive Summary - Medical: Jan 18 to Sept 18 membership has increased 2%. Medical pharmacy has gone up. Data January through September comparison. High Cost Claimants Over $75k: 8 of last 10 rendered in the last quarter. Top 10 Diseases by Paid Amount: Consistent, low back pain addedMedical Cost Category: Consistent**.** Top 10 Providers:Consistent, Southern Maine addedHealth Risk assessment: Consistent.Remarkable participation 30% with an acceptance rate of 52%. Shonna Poulin Gutierrez asked what is included in home health. Joe Bataguas stated costs such as visiting nurse; essentially all costs associated with post-discharge. Mara McGowen asked if those who completed the outreach from Aetna (41.2%) denied a home health visit? Joe Bataguas confirmed, and may have consented to a phone follow up.Wanita Page asked about offering a survey post assessmentMember News: Diabetes eye exam and Flu shots targeting mailings.  | Joe Bataguas and Sabrina Simmons will provide more information regarding the increase in pharmacy at the October meeting. (September)Sabrina Simmons to provide additional information regarding the high-cost claimants. **This item is outstanding from the August meeting.** Sabrina Simmons will provide a break-down of locations of Healthy Home Visits. **This item is outstanding from the August meeting.**Sabrina Simmons to get more information about the calculation of surgeries per 1000. *Joe Bataguas explained the formula is designed to make it easier to bench mark.*Joe Bataguas stated will look in to offering a survey to members post Health risk assessment. (November) |
| a.iii. Plan Experience Summary (active health & dental)*USI - Burr Duryee* | Burr Duryee handed out the standard monthly reports: Policy Period Monthly Claims Report – Medical/Rx/Behavioral, Enrollment, Fixed Costs & Expected Claim Calculation and two dental Policy Period Monthly Claims Reports (current period and year end). Discussion highlights below:* Medical Budget to actual (policy period): 95.8% (no rebates yet) Pharmacy decreased to 2.9M. Lowest have seen from pharmacy claims to date.
* Recap of FY18: Still being provided for reference.
* Medical Enrollment (policy period): Membership is down in every category.
* Dental: Current loss ratio 104% for policy period.
* No rebate or large claims as of this calendar year.
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| a.iv. Executive Summary*Employee Health & Benefits – Kurt Caswell* | The Executive Summary report was provided to the Commission via e-mail prior to the meeting. Discussion highlights below:* The Executive Summary stated 3 second appeals actual number is 5.
* Dental plan reserves continue to decrease. Will do some plan design work as a result of this, starting this month.
* A letter to all Maine hospital CEOs have been drafted and will be sent within the next week regarding the Centers of Excellence criteria. Lois Baxter asked why the centers are not listed on the draft letter. Kurt Caswell explained he did not have that information at the time the letter was written. Kurt Caswell confirmed this letter is going out to CEO’s not members. When the communication goes out to members the letter will contain the list of centers. Joanne Rawlings-Sekunda asked if there has there been informal communication to the CEO’s. Kurt Caswell responded no this will be the first indication. Jean Wood stated Anthem has started to mention in general discussion about the direction the Commission is heading.
* Wellness: Seven onsite screening events have occurred since September 2018. To date 448 members have received an onsite health screening.
* Effective 1/1/19 the Finance Authority of Maine (FAME) will be offering the State of Maine health plan to its 55+ employees.
* Joanne Rawlings-Sekunda asked what Enhanced Personal Health Care (“EPHC”) data is. – Jean Wood explained this is a cost target for providers that gives them the opportunity to decrease cost due to the quality score card. For every provider that agrees to be in the program. Wanita Page asked if there is a system for specialty services. Jean Wood responded that’s a very manual process with not a lot of metrics. Anthem is trying to come up with a better system for this. Have not perfected anything yet. Peter Hayes stated working with tiering can use claim data similar to quality care score card. Trying to see if that can be applied to market place data.
 | Wanita Page requested the HOW cost be added to December’s Executive Summary. Kurt Caswell will add. (November) |
| **IVb. UPDATES – BIANNUAL** |
| b.i. Dental Plan*Northeast Delta Dental – Marie Bridges**(Provided in March & September)* | Formal report not due this month.  | Marie Bridges will send the Dental Action Report to Kurt. (September 2018 meeting) |
| b.ii. Living Resources Program – *ComPsych – Jim O’Connor**(Provided in April & October)* | Formal report not due this month.  |  |
| b.iii. State of Maine Health Plan *Express Scripts, Inc. - Sue Wolf**(Provided in March & August)* | Formal report not due this month.  |  |
| *IVc. UPDATES – ANNUAL* |
| c.i. WellStarME*Medical Care Development – Erica Brown**(Provided in August)* | Formal report not due this month. |  |
| c.ii. Expert Medical Opinion*Grand Rounds – Kerryanne Shuler**(Provided in September)* | Formal report not due this month. | Kerryanne Shuler will ask her analytics team to provide more info/details regarding the savings methodology. (October) |
|  | ***V. Other Business*** |  |
|  | * Diane Baily asked about Medicare part B communication to retirees. Heather Albert will be sending out a full brochure in December with all details. All drafts will be shared with the Commission.
* Wanita Page expressed the need to have all materials in to Employee Health and Benefits a week before the Health Commission meeting is scheduled. Please contact Kurt Caswell if this cannot be done.
 | Kurt Caswell requested to use next month’s meeting for second appeals hearing and for plan design. Appeals first then plan design. Laurie Doucette made the motion Lois Baxter seconded; no abstentions. Motion passedKurt Caswell requested to move the meeting in March to March 28th to prepare the plan design for a vote. Lois Baxter made the motion to except this date change. Robert Omiecinski seconded; no abstentions. Motion passed.Diane Bailey asked Anthem why there are not enough vision providers. Lisa Lagios responded Anthem is constantly recruiting new providers in the plan. Lisa Lagios will reach out for a list. (November) |
| VI. Meeting Recap | Kurt Caswell provided the meeting recap:* The November meeting only reviewed standing agenda items; recap not necessary.
 | Heather Albert to send to preview of all member communications to the Commission.  |
| VII. Adjourn Meeting (9:42am) |  | Will Towers made motion to adjourn the meeting; Peter Marcellino seconded; no abstentions. Motion passed. |

*2019 meeting schedule available at* [www.maine.gov/bhr/oeh](http://www.maine.gov/bhr/oeh)