**STATE EMPLOYEE HEALTH COMMISSION MEETING**

**Thursday, October 8, 2016 @ 8:30am**

**Kaplan University, Augusta**

Commission members in attendance: Bret Achorn, Diane Bailey, Chris Brawn, Lois Baxter, Jonathan French, Becky Greene, Claire Hassler, Ellen Hughes, Terry James, Karen O’Connor, Robert Omiecinski, Lew Miller, Joyce Oreskovich, Nickole Wesley (total = 14)

Commission members absent: Lauren Carrier, Eric Cioppa, Brian Crockett, Laurie Doucette, Sandra Doyon, Wanita Page, Carrie Margrave, Kelly John

*\*Note: Two vacant commission seats*

Others present: Heather Albert – Employee Health & Benefits; Susan Avery, Sabrina DeGuzman-Simmons, David Norton, Louise McCleery – Aetna; Bill Clifford – USI; Jodi Collins – Anthem; Sara Fitzgerald, Lynn Derocher – Maine Health Management Coalition; Jim O’Connor - ComPsych

*\*Note: Conference phone not working; Kelly John, Cecile Champagne-Thompson and Amy Deschaines attempted to attend the meeting via phone.*

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| Agenda Item | Discussion | Action/Next Steps |
| I. Call to Order (8:33am) |  Lois Baxter called the meeting to order |  |
| II. Introductions |  |  |
| III. Review & Approval of Minutes (September 8, 2016) |  | Lew Miller made motion to accept the minutes as amended; Ellen Hughes seconded. Motion passed. |
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| *IVa. UPDATES- MONTHLY* |
| a.i. Aetna Monthly Report – Point of Service Plan *Susan Avery* | Information contained in written report; highlights and discussion noted below: * Report includes the first 2 months of data
* Jonathan French inquired about the average cost for the Epipen; Susan Avery to provide
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| a.ii. Aetna Monthly Report – Medicare Advantage Plan*Sabrina DeGuzman-Simmons* | Information contained in written report; highlights and discussion noted below:* A flu shot brochure will be sent to the members. Diane Bailey inquired about the high-dose flu shots. Not all providers offer this shot.
* New for 2017, diabetic eye exam covered 100% (after deductible)
* Aetna has contracted with My Advocate for member outreach services regarding the low-income subsidy
* Bret Achorn found the list of the value-added items & services helpful
 | Sabrina Simmons will find out which providers offer the high-dose flu shot. Sabrina Simmons will provide website and Aetna Navigator analytics (in response to question from Bret Achorn) |
| a.iii. Accountable Care Organizations/Disease Management*Louise McCleery* | See Tiering Overview and Timeline agenda item below. |  |
| a.iv. Plan Experience Summary*USI* | Bill Clifford presented the Rolling 12 Monthly Claims Report and the Policy Period Monthly Claims Report for medical, Rx & behavioral.  |  |
| a.v. Executive Summary Discussion*Employee Health & Benefits* | Information contained in written Executive Summary report; discussion below:* The RFP deadline for the active employee/non-Medicare retiree health plan was extended a week; the deadline is today (October 8th). Questions came in after the bidder’s conference. The first RFP review committee meeting will be held on October 31st.
* The appeals committee meeting originally set for today has to be rescheduled. Kurt Caswell will provide some preliminary information to the committee and send a meeting invite.
* Bret Achorn suggested more communications are sent to members regarding the Living Resources Program.
* Becky Greene mentioned the new DOT healthy workforce toolkit
* Chris Brawn shared Kurt Caswell’s update on the RFP for the clinical advocacy service. The three proposal reviewed were from Advance Medical, Grand Rounds and Inetico. Grand Rounds scored the highest by a narrow margin. The next step is to start negotiating the contract if approved by the Commission. Lois Baxter and Nickole Wesley elaborated on Kurt’s update for the group. Rob Omiecinski asked what the scoring entailed and Chris Brawn provided the structure.
 | Nickole Wesley made a motion to accept the committee’s recommendation of Grand Rounds pending negotiations; Bret Achorn seconded. Motion passed. |
| *IVb. UPDATES - BIANNUAL* |
| b.i. Dental Plan Report*(Provided in March and September) Marie Bridges, Frank Boucher of Northeast Delta Dental* | Formal report is not due for this month. |  |
| Break (9:30am-9:40am) |  |  |
| b.ii. Employee Assistance Program Report*(Provided in October and April)* | Jim O’Connor shared a presentation with the Commission that included Living Resources Program (LRP) activity from 1/1/2016-9/30/2016. Discussion highlights below:* Review of the program components and utilization rates
* Karen O’Connor asked Jim to describe the process of recruiting providers. Jim noted that a mass recruitment effort was done before contract with state became effective. Providers can join the network at any time (see ComPsych.com). Currently they are not aware of any access issues.
* The on-line access statistics shows that the lawyer database (for 25% retainer discount) is the most popular (overall with all clients)
* There have been 12 consultations for critical incidents events which resulted in 9 onsite interventions
* Training opportunities available
* Claire Hassler inquired about supervisor/manager usage for employee issues. The formal referrals are typically initiated with the supervisor/manager.
* Terry James mentioned that his employer agency sends all of their employees for on-site counseling due to the nature of their work. This is not part of LRP.
* Karen O’Connor asked about the training catalog
 | Jim O’Connor will provide a plan comparison to another similar, governmental employer (that does not include access to an on-site counselor)Jim will work with Employee Health & Benefits staff to produce another home mailingJim will send Karen the current training catalogHeather Albert will send Susan Avery the LRP brochure for Aetna’s plan sponsor tool |
| V. Other Business |  |  |
| 1. Health Data: A Comparison Between the SEHC Population and the State

*Sarah Fitzgerald, MHMC and USI*  | Information contained in Power Point presentation that included the following segments: * Key findings
* Demographic overview
* Medical cost & utilization trend
* Pharmacy cost trends & savings opportunities
* High-cost claimants
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| 1. Tiering Overview and Timeline

*Louise McCleery* | Information contained in Power Point presentation. Discussion highlights below: * Refresher from June
* Proposed timeline: four years beginning 7/1/2017
* Impact: Identify tier 1 and tier 2; member impact imbedded in future plan design
* Immediate next steps
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| 1. Bret Achorn
 | Bret recommended that the Commission review the article “Ten Barriers to Healthcare Payment Reform and How to Overcome Them” located on the Maine Health Management Coalition’s website [www.mehmc.org](http://www.mehmc.org).  | Discussion to be added to a future meeting agenda |
| VI. Adjourn Meeting (11:50am) |  | Rob Omiecinski made a motion to adjourn the meeting; Karen O’Connor seconded. Motion passed and meeting adjourned. |

*Upcoming Meeting Dates:*

* *November 10, 2016 (Kaplan)*
* *December 8, 2016 (Kaplan)*