

MENU IDEAS BASED ON GRAIN OFFERING

GRAIN ITEM	MEAT/MEAT ALTERNATE OPTIONS
Sandwich Bread	<ul style="list-style-type: none"> • Nut Butter and Jelly • Deli Meat and Cheese • Chicken Salad • Tuna Salad
Hamburger Buns	<ul style="list-style-type: none"> • Nut Butter and Jelly • Deli Meat and Cheese • Chicken Burger • Hamburger • Chicken Salad • Tuna Salad
Tortilla	<ul style="list-style-type: none"> • Taco filling (meat and cheese) • Deli Meat and Cheese • Banana and Nut Butter • Shredded Cheese (to make quesadilla) • Cut up chicken patty w/ lettuce and cheese • Filling for Chicken Caesar Wrap • Chicken Salad • Tuna Salad • Breakfast Burrito (egg and diced ham, serve w/ salsa)
Hot Dog Rolls	<ul style="list-style-type: none"> • Hot Dog • Deli Meat and Cheese (mini Italian) • Meatballs w/ Marinara and Cheese • Chicken Tenders w/Marinara and Cheese • Chicken Salad • Tuna Salad
Crackers	<ul style="list-style-type: none"> • Cheese and Pepperoni • Deli Meat and Cheese • Yogurt and String Cheese • 4 Tbsp of Nut Butter • Chicken Salad • Tuna Salad
Pita Bread	<ul style="list-style-type: none"> • Deli Meat and Cheese (to fill the pocket) • Pizza Sauce and Cheese (MYO Pizza) • Toasted Pita Points w/ Hummus • Cheese and Salsa (pita quesadilla) • Filling for Chicken Caesar Stuffed Pita • Chicken Salad • Tuna Salad